

2019 TOTA *Annual* CONFERENCE

WHERE SCIENCE, CREATIVITY, AND COMPASSION INTERSECT

NOVEMBER 1-3 RENAISSANCE AUSTIN HOTEL
AUSTIN, TEXAS



TOTA

TEXAS OCCUPATIONAL
THERAPY ASSOCIATION, INC.

REVISTA OT CONFERENCE ISSUE

2019 TOTA Annual CONFERENCE

WHERE SCIENCE, CREATIVITY, AND COMPASSION INTERSECT

REGISTER NOW

NOVEMBER 1-3 RENAISSANCE AUSTIN HOTEL
AUSTIN, TEXAS

Revista OT 2019 Annual Conference

IMPORTANT DEADLINES:

Call for Nominations:
September 5 [CLICK HERE](#)

Hotel Reservation:
October 9 [CLICK HERE](#)

SAVE • SAVE • SAVE
EARLY BIRD RATE

Registration/Payment due
by September 22, 2019

GENERAL REGISTRATION
Registration/Payment due
September 23 – October 20, 2019

LATE REGISTRATION*
Registration/Payment due
October 21 – November 1, 2019
*FEE INCREASE \$100



Robin V. Clearman,
OTR, CLT,
TOTA President

I am excited to be back in Austin, my hometown, for our annual conference. I hope you can join us for a jam-packed, educational, and fun-filled few days. The Renaissance Hotel is beautiful and one of the best venues for our largest annual educational event. The exhibit hall will be filled with a wide variety of vendors who support our profession and are anxious to share their new products and opportunities. Please invite your colleagues, friends, classmates, and professors, and capitalize on this once-a-year event as a place to learn, brush-up on skills, and network with fellow OT practitioners.

I hope you will join me on Friday to learn more about what is going on with our state and federal lawmakers. John Luna, Chair of Legislative and Political Affairs and President of the TOTA PAC, has put together an informative program along with Denise Rose, attorney and TOTA Lobbyist. They will provide information related to reimbursement, HHSC, Medicaid, Medicare, MCOs, Workers Compensation, and mental health legislation. We will inform you about what we are doing in Texas and on Capitol Hill in Washington, D.C. You will learn what is happening now and what you can expect in the near future as it relates to healthcare laws, guidelines, and policies that affect our profession. You will also have the opportunity to hear from Brent Braveman, Texas's regional director of AOTPAC, and learn what AOTPAC is doing to support federal lawmakers who support OT practitioners.

Your TOTA board has been working diligently over the past 12 months to improve membership benefits and educational opportunities, ensure financial responsibility, and further the means of effective communication with you, our clients, and those who have external influences on our profession. Please join me at the annual business meeting on Saturday, as we review and update TOTA members on the affairs of TOTA. During this meeting, you will also hear from the American Occupational Therapy Foundation (AOTF), a scientific and educational organization founded in 1965 to serve the public understanding of the important relationship between everyday activities (occupations) and health.

One last thought: Please be aware and support two other Texas organizations that were created to support Texas OT practitioners: the Texas Occupational Therapy Benevolence Endowment (OTBE) and the Texas OT Foundation (TOTF).

[Continued on page 25](#)

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FROM THE EXECUTIVE DIRECTOR



Judith Joseph, OTR,
MA, CDRS, TOTA
Executive Director

Welcome to Austin Where Science, Creativity, and Compassion Intersect

What is more appropriate than a gathering of occupational therapy practitioners and students using their experiences and creativity to share knowledge with each other. We are in this profession or aspiring to the profession because of our compassion for and desire to help others. Many issues affect how and where we practice and the conference committee is confident the selected educational offerings and posters will address those issues. I encourage you to attend the legislative update, the OTA forum, and the professional meetings for program directors and Academic Fieldwork Coordinators and Capstone Coordinators that will provide valuable information we need to empower and sustain our profession.

I would like to thank our conference committee team, hospitality committee, volunteers, and my co-workers Heather Logan, and Kami Lusson, for their time and dedication to bring this conference together. We began the planning of this conference with your feedback from the 2018 conference. We strive to improve the quality of conference and I encourage you to complete the surveys using the conference app.

The keynote speaker is always a conference highlight. Eugene Alford, MD, a facial plastic and reconstructive surgeon at Houston Methodist Hospital, will inspire you with his story of faith, perseverance and success.

Make sure you spend time with our vendors in the exhibit hall and thank them for supporting TOTA. The vendors are a key component in keeping the cost of conference affordable. If you are job hunting, bring your resumes and CVs. There will be space dedicated for interviewing. If you would like to see more product vendors, submit the names of the products you want to see to Kami@tota.org

This year, in addition to the quilt raffle, and silent auction, the Texas Occupational Therapy Foundation (TOTF) is trying something new. They have invited Virginia "Ginny" Stoffel, PhD, OT, BCMH, FOTA as the first speaker for their Wisdom and Wine fundraiser event. You don't want to miss out on the creative format.

Conference is always a great time to connect with old friends and classmates, network, and, of course, learn a thing or two. We hope you take the time to enjoy Austin. We are sharing this weekend with the Formula 1 United States Grand Prix. The hotel event manager recommends if you want to go downtown, plan on extra travel time as everything will be crowded (restaurant, bars, streets, etc.).

Thank you for coming and be sure to leave Austin the way you found it, "Weird."

Judi

Revista OT is posted online three times a year by the Texas Occupational Therapy Association, Inc., 1106 Clayton Lane, Suite 516W, Austin, TX 78723.

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email: judith.joseph@tota.org
Web: www.tota.org

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Click Here
to Register Now >

REGISTRATION

Wisdom and Wine – Course 218 (\$40 additional fee)

Wisdom and Wine is NEW to TOTA Annual Conference this year and is a ticketed event. The \$40 for this event is a donation to the Texas Occupational Therapy Association's Research Foundation (TOTF) and a portion is tax-deductible.

Registration Hours

Thursday, October 31	7:00 PM – 9:00 PM
Friday, November 1	7:00 AM – 6:00 PM
Saturday, November 2	7:00 AM – 6:00 PM
Sunday, November 3	7:00 AM – 12:00 PM

Exhibit Hall Hours

Friday, November 1	11:30 AM – 4:00 PM
Saturday, November 2	11:00 AM – 4:00 PM

Cancellation Policy and Transfer of Registration [PLEASE READ]

Cancellations must be received in writing to membership@tota.org by October 20, 2019. Cancellations received **before** the deadline are eligible to receive a full refund of registration fees, **less a 10% administrative fee.** Cancellations received **after** the stated deadline will not be eligible for a refund. Refunds will not be available for registrants who are "no shows."

Your registration **can be transferred** to another individual, provided that the replacement **meets the same registration fee criteria.** If an additional fee structure applies to the substitute registrant, all additional fees must be paid at the time the substitution is made. **Partial refunds will not be granted.** The substitute **must** have a letter from the original registrant to present at the registration desk. **No transfers will be made without written notice.**

Exhibit Hall

No one will be admitted to the Exhibit Hall without an appropriate badge.

Continuing Education Credit

The conference committee will provide verification for all classes which have been approved for credit. One hour of credit will be awarded for each hour of class attended. **Registration packets will include a 2019 TOTA Annual Conference Continuing Education Record. Records can be stamped at the registration desk and throughout the conference (find the volunteers with the red aprons).**

Tri-Alliance Members, Health Care

Professionals and Out-of-State OTs / OTAs Registration will be at the TOTA member rate with **proof of current professional state association membership.**

Lunch

Lunch in the Exhibit Hall is included in your registration fee for Friday and Saturday.

F.O.O.T. (Friends of OT)

This exclusive club is made up of attendees' spouses, significant others, guests, etc. who would like to register for the conference. F.O.O.T. does NOT apply to professionals in related health care fields. Registration entitles the F.O.O.T. to a registration badge, tote bag, conference registration, special events included in the program, and full Exhibit Hall access. The only courses not available to F.O.O.T. are those with restricted attendance. No continuing education certificates will be provided for Friends of OT. **Must be registered by a TOTA member who will be attending conference.**

Special Accommodations



If you need special accommodations to attend conference, please enclose an explanation of the type of accommodations you will need with your registration so that we can try to assist you.

Early Bird Registration Now Open – SAVE!

Early bird registration is now open.

**Register before September 22, 2019
and SAVE on your registration fee!**

What Does Conference Registration Include?

Full Conference Registration Includes:

- Courses of your choice (subject to class size limit)
- Full access to the Exhibit Hall during show times
- Friday lunch
- Friday afternoon refreshment break in the Exhibit Hall
- Saturday lunch
- Saturday afternoon refreshment break in the Exhibit Hall
- Networking opportunity during lunch

Visit the TOTA website at:

www.tota.org



REGISTRATION

Pre-Registration for the 2019 TOTA Annual Conference is ONLINE.

Early Bird Registration will close on September 22, 2019, 5:00 PM

Regular Registration will close on October 20, 2019, 5:00 PM

Late/On Site Registration will have an additional fee of \$100

Book Hotel by Oct. 9, 2019 for group discount rate

2019 TOTA ANNUAL CONFERENCE REGISTRATION FEES		SAVE • SAVE • SAVE EARLY BIRD RATE Registration/ Payment due by September 22, 2019 REGISTER NOW!	GENERAL REGISTRATION Registration/ Payment due September 23 – October 20, 2019	LATE/ON SITE REGISTRATION* Registration/Payment due October 21 – November 1, 2019 *FEE INCREASE \$100
		Early Bird	Regular	Late
Student/Retired/Disabled	Full Conference	\$160.00	\$210.00	\$310.00
	Friday	\$85.00	\$135.00	\$235.00
	Saturday	\$85.00	\$135.00	\$235.00
	Sunday	\$60.00	\$110.00	\$210.00
Member	Full Conference	\$395.00	\$445.00	\$545.00
	Friday	\$175.00	\$225.00	\$325.00
	Saturday	\$175.00	\$225.00	\$325.00
	Sunday	\$150.00	\$200.00	\$300.00
Honorary Life Member	Full Conference	N/A	N/A	N/A
	Sat only	N/A	N/A	N/A
	Sat/Sun	N/A	N/A	N/A
		Early Bird	Regular	Late
F.O.O.T. Registration Fees (applies to all registration types)	Full Conference	\$200.00	N/A	\$300.00
	Friday	N/A	N/A	N/A
	Saturday	N/A	N/A	N/A
	Sunday	N/A	N/A	N/A

NOTES:

Wisdom and Wine has an additional fee of \$40.00.

Register by September 22, 2019 and save! Late/On site Registration has an additional fee of \$100.

114 Donatelli's Pathophysiology and Mechanics of the Shoulder with Lab with Robert Donatelli PhD, PT, OCS

Mesquite, TX August 24-25, 2019
New Orleans, LA October 12-13, 2019

**# 324 Vestibular & Oculomotor Rehabilitation for Children
Rose Marie Rine, P.T., Ph.D**

Houston TX October 4-5, 2019
San Antonio, TX December 7-8, 2019

**#331 Ataxia, Autism and NDT
Brenda J. Lindsay, PT,C/NDT & Gail Ritchie, OTR, C/NDT**

McAllen (Edinburg), TX October 11-12, 2019

213 Visual Rehabilitation & Neuro Handling After a Neurological Incident... Concepts for Function

San Antonio, TX
August 10-11, 2019



Michelle Mioduszewski, MS, OTR/L

306 CAN-EAT Approach ...Using medical, motor, & behavioral strategies in pediatric feeding

Houston, TX
October 11-12, 2019



Krisi Brackett, MS, CCC-SLP

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Approved by the Texas OT Association Provider # 50-1387

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The program enables practicing OTs to complete a course of study that will prepare them to assume leadership roles, management positions, and/or to serve as clinical faculty.

The program is primarily online with two visits to the Galveston, Texas, campus for on-site learning; it can be completed in six to seven semesters while maintaining active clinical practice.



For more information please contact:

Sharon McEachern

PPOTD.admissions@utmb.edu

or **(409) 772-3062**.



shp.utmb.edu/OccupationalTherapy

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Annual CONFERENCE

WHERE SCIENCE, CREATIVITY, AND COMPASSION INTERSECT

NOVEMBER 1-3 RENAISSANCE AUSTIN HOTEL
AUSTIN, TEXAS

BOOK YOUR HOTEL ROOM NOW:

TOTA Annual Conference Attendees:
Take advantage of a special group hotel rate of \$171.00 / night at the Renaissance Austin Hotel by booking before October 9, 2019.

[Book your group rate for Texas Occupational Therapy Association](#)

TEXAS OCCUPATIONAL THERAPY ASSOCIATION, POLITICAL ACTION COMMITTEE

CELEBRATING

25

YEARS
1994-2019

SUPPORT US
AT TOTA CONFERENCE >

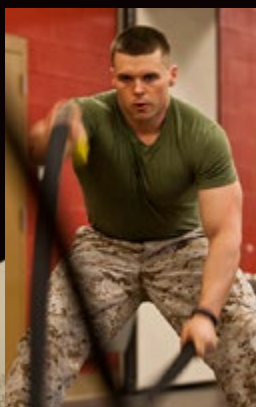
Work your six pack with the TOTA PAC!

SATURDAY NOVEMBER 2, 2019
6:15 AM - 7:00 AM

Join Josh Caldwell, an OTD student at the University of St. Augustine at Austin and help the TOTA PAC with your \$10 donation.

Josh is the Capital Centex Student Rep, from Cedarville, AR and enlisted in the United States Marine Corps "once a Marine, always a Marine". Who better to lead us in an exercise group to focus on our six pack? Josh is a Personal Trainer/Health and Wellness Professional and while serving the USMC was a Military Imagery Analysis & Intelligence Production/Body Composition Program Instructor.

\$10
DONATE ONLINE OR
ONSITE CASH OR CHECK.



MAKE A DONATION TO TOTA PAC HERE



2019 TOTA ANNUAL CONFERENCE— WHERE SCIENCE, CREATIVITY, AND COMPASSION INTERSECT



*Evie Harness, OTR,
TOTA State
Conference Chair*

We are excited to invite you back to the beautiful Renaissance Austin Hotel—November 1st-3rd.

The first thing “seasoned”

therapists may notice is the name change, from the TOTA Mountain Central Conference to the TOTA Annual Conference. The name change has been a long time coming. We’ll leave it to Esther Bell in another article to provide you with the history of the original name. Regardless of the name, nothing has changed as far as TOTA’s commitment to bringing members a full weekend of stimulating education sessions, exhibit hall browsing, networking

opportunities, and celebration of our well-deserving award recipients.

The TOTA Office/ Conference Committee has been working hard to pull together this year’s conference program for you. We continue to review your feedback, streamline processes, and incorporate technology (such as the Conference App) in order to provide you with the best possible experience.

2019 Conference Committee
State Chair-Evie Harness
Exhibits-Kami Lusson
Program Chair-Francis Baxter
Hospitality Chair- Nikita Gandhi
Hospitality Co-Chair-Brittany Burton
Local Hospitality -Regina Budet
Local Hospitality -Joshua Caldwell
Volunteer Chair-Terri Powers
Registration-Heather Logan
Executive Director-Judi Joseph

Those of you who have been with us at the Renaissance Austin before are already well aware of the many amenities offered in this lovely hotel. The Knotty Deck and Bar and Austin Bites offer choices of outdoor dining overlooking the scenic Texas hill country or grabbing a quick breakfast, lunch, or dinner while catching up on e-mail. The hotel also offers two sparkling pools, tree shaded walking trails, and is minutes away from The Domain for those who enjoy shopping.

Please make sure to book your room early, as many have learned from experience that the rooms fill up fast. Make sure you also take advantage of on-time registration to ensure you are able to attend the courses that you want in case there are seating limitations.

ANNUAL CONFERENCE SOTA STORE

**CLICK HERE FOR THE SOTA BOOTH
REGISTRATION FORM**

November 1-2, 2019
Renaissance Austin Hotel

FRIDAY, NOVEMBER 1

Set Up begins no earlier than 8:30 AM

SOTA Store Closes: 4:00 PM

SATURDAY, NOVEMBER 2

Set Up begins no earlier than 8:30 AM

SOTA Store Closes: 4:00 PM

**NEW THIS YEAR: ALL SOTA
PARTICIPANTS MUST BE A TOTA
MEMBER AND REGISTERED FOR
THE TOTA ANNUAL CONFERENCE.**

SOTA groups may fund raise at the TOTA Annual Conference.

Registering student must be a member of TOTA. Although food or drinks may not be sold; other items of interest to OT professionals are welcome.

Plan to price your items competitively and arrive prepared for sales success. Consider small signs with your items/prices, a pocket calculator, tape to attach signs to the table, pens and a receipt book and a cash box/ money pouch. A rolling luggage cart may be helpful for transporting your inventory. All receipts for sales must list contact person AND email address.

**CHECK-IN TIME FOR SOTAS BEGINS
AT 8:30 AM ON FRIDAY, NOVEMBER 1.**

Please check in at the exhibit desk so that we may direct you to your skirted table. All additional inventory must be stored out of sight under your table. Please make plans to remove your inventory to a secure area at the close of Friday’s store hours. You may reset your assigned table again on Saturday morning after 8:30 AM.

SOTA tables are available to only the FIRST 12 registrants.

We wish you the very best at this year’s TOTA Conference and look forward to welcoming you!

Cancellation: Should it become necessary for your group to cancel please notify kami@tota.org prior to the event.

TOTA THANKS OUR 2019 SPONSORS, CORPORATE MEMBERS AND PARTICIPATING COMPANIES

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Home Care, Inc.

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& Consulting

TBOTE

Technology Access, Inc.

Texas Society
for Hand Therapy

Texas Woman's University
School of Occupational Therapy
University of Texas Medical
Branch

Therapy 2000

TruPulse USA

Conference Bag Giveaways and Inserts/Silent Auction

Candi Creations

Pathfinder Pediatric Home Care Inc.

Premier Pediatric

Real OT Solutions

Specialized Assessment & Consulting

Texas Woman's University

The Pencil Grip

University of Texas Medical Branch

BOOTH REGISTRATION IS STILL OPEN - LIMITED BOOTHS AVAILABLE

[CLICK HERE TO RESERVE YOUR SPACE>](#)

List current at time of publishing

EXHIBIT HALL FLOOR PLAN

Exhibit Hall November 1-2, 2019

Renaissance Austin Hotel
Austin, TX



Additional Sponsorships qualify an exhibitor to the status of Silver or Texas Star Sponsor, depending on the amount of sponsorship. Silver sponsorships will have a premium booth location in the middle of the exhibit hall. Texas Star sponsorships will have an upgraded central location.

GET THE BEST LOCATION BY RESERVING YOUR BOOTH SPACE NOW!

Silver Sponsor Booths:
603, 605, 607, 609, 611, 613, 702, 704, 706, 708, 710, 712, Double Booth #1, Double Booth #2

Texas Star Sponsor Booths:
511, 513, 515, 517, 614, 615, 616, 617, 714, 716, 717, 816



Visit our
VENDORS!

Stop by each of our vendors and learn what products and services they offer.

OPEN
NOV. 1 – 11:30 AM – 4:00 PM
NOV. 2 – 11:00 AM – 4:00 PM

SPECIAL EVENTS

FRIDAY, NOVEMBER 1

FRIDAY – 11:00 AM – 4:00 PM
Exhibit Hall Open

FRIDAY – 11:00 AM – 4:00 PM
Silent Auction in Exhibit Hall

FRIDAY – 12:00 PM – 4:00 PM
Poster Presentation
Authors will be in attendance from 3:00 PM – 4:00 PM

FRIDAY – 12:00 PM – 1:00 PM
Lunch in Exhibit Hall

FRIDAY – 3:00 PM – 4:00 PM
Refreshment Break in Exhibit Hall

FRIDAY – 4:00 PM -6:00 PM
Meeting of the Texas Experiential Education Council
Facilitators: Shannon Levandowski, OTD, MS, OTR, BCP, SCSS (AOTA AFWCC-ALC Chairperson)
Laurie Stetler, OTR, PhD, MA

Academic Fieldwork Coordinators and Capstone Coordinators who are interested in joining and involvement in the Texas Experiential Education Council (formerly Texas Fieldwork Consortium) are invited to attend this first annual meeting. Our mission is to serve our profession, academic institutions, fieldwork educators, and students by elevating Texas occupational therapy fieldwork and capstone education through the advancement of collaborative advocacy, scholarship, communication, and support. We will review the council's objectives and conditions of active membership. Additional agenda items will include a report from AOTA's fieldwork and capstone academic leadership council chair will also collaborate in order to identify the council's initiatives for the coming year.

FRIDAY – 4:00 PM -6:00 PM
Meeting of the Program Directors
Facilitators: Dahlia Castillo, OTD, MS, OTR, Estrella Barrera, OTR, MOT, Kathryn Freeman, OTR, MOT

Occupational Therapy and Occupational Therapy Assistant Program Directors join in on discussions regarding the impact of the new ACOTE standards on all programs. Also explore the development of a Leadership Council that supports a mission to serve our students, profession, academic institutions, and fieldwork educators, through the advancement of collaborative advocacy, scholarship, communication, and support. Breakout sessions (OT/OTA) will also occur during this time. Additional agenda items will be provided prior to the meeting.

FRIDAY – 6:15 PM – 7:00 PM
Texas Occupational Therapy Benevolence Endowment (OTBE) Board Meeting
OTBE Board will host an informational exchange to provide occupational therapy practitioners' an opportunity to meet the OTBE Board, learn how Texas OT's are leading the nation in the development and distribution of OT Benevolence Grants and exchange ideas on how to support benevolence as a professional value. What began as heartfelt collegial response to request from Texas OT's following Hurricane Harvey, has evolved to an establishment of an occupational therapy not for profit benevolence organization to support the delivery of occupational therapy services in times of natural disasters and other significant life crisis.

SATURDAY, NOVEMBER 2

SATURDAY – 6:15 AM – 7:00 AM
TOTA PAC Fundraiser
Work on your six pack with a TOTA PAC \$10 donation. Join Josh Caldwell, an OTD student at the University of St. Augustine, Capital Centex Student Representative, Personal Trainer/Health and Wellness Professional and former USMC Military Imagery Analysis & Intelligence Production/Body Composition Program Instructor.
[Click here to donate to TOTA PAC](#)

SATURDAY – 8:30 AM – 9:30 AM
Texas Occupational Therapy Foundation Annual Meeting

SATURDAY – 10:00 AM -11:00 AM
TOTA Business Meeting
Be sure to get your door prize ticket as you enter the meeting.



THIS COULD BE YOU!

Megan Taylor, OTD, an Assistant Professor, OT at Texas Tech Health Sciences Center was the door prize winner of a conference registration at the 2018 Business Meeting.

ONE LUCKY TOTA BUSINESS MEETING ATTENDEE WILL BE THE RECIPIENT OF A COMPLIMENTARY CONFERENCE REGISTRATION FOR 2020! WINNER MUST BE PRESENT TO WIN, NOT TRANSFERABLE.

SPECIAL EVENTS



SATURDAY – 11:00 AM – 12:00 PM

Keynote Speaker

Dr. Eugene “Gene” Alford

is an award-winning, internationally recognized specialist in facial plastic and reconstructive surgery. He is board-certified by the American Board of Otolaryngology and the American Board of Facial Plastic and Reconstructive Surgery and is a Fellow of the American College of Surgeons. Dr. Alford has appeared as a guest on *The Oprah*

Winfrey Show and *Larry King Live* as the leader of a multidisciplinary team who performed groundbreaking pro-bono facial reconstruction for Carolyn Thomas, a domestic abuse survivor, known as “The Woman Without a Face.”

Dr. Alford is an associate professor in the Departments of Plastic Surgery and Otolaryngology of Weill Cornell College of Medicine, Houston Methodist Hospital and Texas A&M University Health Science Center. He is recognized for his academic contributions, including writing more than 30 book chapters and 45 peer reviewed scientific publications. Dr. Alford is a frequent medical and academic speaker and an advisor in the medical community through a number of associations.

A proud graduate of Texas A&M University class of 1982, Dr. Alford received his medical degree from the University of Texas Health Science Center San Antonio in 1986. Following completion of his residency and fellowships, Dr. Alford joined the faculty of Baylor College of Medicine. He has practiced facial plastic surgery at Houston Methodist Hospital continuously for more than 28 years.

Dr. Alford is committed to serving with the utmost compassion, whether in his 31 years of medical practice or in his community. He is a source of inspiration and encouragement through sharing his personal triumph over a devastating farm accident which left him paralyzed below the waist. He serves on the board of directors for a variety of Houston organizations, including Texas Institute for Rehabilitation and Research Foundation and United Spinal Cord Injury Association. He is a sustaining elder at First Presbyterian Church Houston where he and his family have enjoyed community for more than 23 years.

Dr. Alfred and his lovely wife, Mary, a retired dentist, have been married for 35 years. They live in Houston and have two adult children and three dogs. They are avid Houston foodies. Dr. Gene is an active outdoorsman and hunter and is often accompanied by his trusty service dog, Sam.

SATURDAY – 11:00 AM – 4:00 PM

Exhibit Hall Open

SATURDAY – 11:00 AM – 4:00 PM

Silent Auction in Exhibit Hall

SATURDAY – 12:00 PM – 4:00 PM

Poster Presentation

Authors will be in attendance from 3:00 PM – 4:00 PM

SATURDAY – 12:00 PM – 1:00 PM

Lunch in Exhibit Hall

SATURDAY – 3:00 PM – 4:00 PM

Refreshment Break in Exhibit Hall

Silent and Basket Auction winners announced.

SATURDAY – 4:00 PM -6:00 PM

TOTF Fundraiser

Wisdom and Wine Speaker

Virginia “Ginny” Stoffel, PhD, OT,

BCMh, FAOTA is an associate professor

in the Department of Occupational Science & Technology at the University

of Wisconsin–Milwaukee. She has also served as AOTA's vice president.

In that role she was responsible for the organization's strategic planning activities and chaired its Centennial Vision commission.



Ginny served as AOTA president from 2013-2016. In her capacity as president, Ginny chaired the Association's Board of Directors, serve as an ambassador for occupational therapy in the United States and internationally, and work to foster the development of the profession and its members.

An AOTA member since 1975, Ginny earned a PhD in Leadership for the Advancement of Learning and Service from Cardinal Stritch University in 2007, an MS in Educational Psychology from the University of Wisconsin–Milwaukee in 1983, and a BA in Occupational Therapy from St. Catherine's in 1977.

Dr. Stoffel has worked on numerous leadership and service projects with AOTA and the American Occupational Therapy Foundation (AOTF). She has served on the AOTA Specialties Board establishing Board Certification in Mental Health. Among many publications, Virginia co-authored the mental health text, *Occupational Therapy in Mental Health: A Vision for Participation*.

SATURDAY – 6:15 PM – 7:00 PM

TOTA 2019 Awards Ceremony

SATURDAY – 7:15 PM -8:30 PM

President's Reception (Invitation Only)

BUSINESS MEETING AGENDA

TOTA Annual Business Meeting November 2019 Agenda – Saturday, November 2

- Welcoming Remarks
- Posting of the Colors/Pledge of Allegiance
- Introduction of Board Members
 - State Board Members
 - District Chairs and Boards
 - 2019 Mountain Central Conference Committee
- Quorum consists of the number of voting persons present at this meeting
- Adoption of Rules of the Day
- Adoption of the Agenda
- Adoption of 2019 Minutes
- Appointment of 2020 Minutes Review Committee
- Verbal Highlights of the following Reports
 - President
 - Treasurer
 - Executive Director
- New Business (Any items of business arising from the floor shall be referred to the Board for action.)
- Report of Nominating Committee for 2019 election and Call for 2020 Candidates
- Swearing in of New Officers
- Annual Awards Announcement
- Drawing Winners and Closing Comments
- Adjournment of Annual Business Meeting

HOTEL INFO

Reservation Deadline: October 9, 2019
Renaissance Austin Hotel
9721 Arboretum Blvd, Austin, TX 78759
(512) 343-2626
Rate: \$171.00 USD/night plus taxes

Reservations: [CLICK HERE](#): Book your group rate for [Texas Occupational Therapy Assn 2019 Conference](#).

Parking: Valet parking, fee: \$25 USD overnight, \$18 USD daily.
On-site parking, fee: \$10 USD daily.



*Francie Baxter, PhD,
OT, FAOTA
President TOTF*

TEXAS OCCUPATIONAL THERAPY FOUNDATION

By Francie Baxter, PhD, OT, FAOTA – President TOTF

Greetings from the Texas Occupational Therapy Foundation (TOTF). TOTF began

in 1996 through the vision of the founders Kitty Reed (president), Dorit Aaron (vice president), Teri Powers (secretary) and Gary Wade (treasurer). TOTF continues to grow and to work to increase scholarly inquiry in occupational therapy, to increase research evidence in and for occupational therapy practice and to increase public awareness about the practice of OT.

Texas Occupational Therapy Foundation is not a member organization, meaning that there are no members, paying membership fees to support the foundation. Instead TOTF

relies solely on donations and fund-raising events.

TOTF has been blessed with a strong relationship with TOTA, your membership association. We want to give special thanks to TOTA for its long-standing support to TOTF both philosophically and financially in supporting Breakfast with a Scholar, the quilt raffle and silent auction. We look forward to expanding our collaborative endeavors in the future.

Historically, the annual Breakfast with a Scholar, which has been held on Sunday morning at the Texas Occupational Therapy Conference has been a significant fundraiser for TOTF. We have had well-known and illustrious speakers such as Slagle Lecturers Betty Abreu, Winnie Dunn, Suzanne Peloquin, Kitty Reed, Chuck Christiansen, and Joan Rogers among others. The first

Breakfast with a Scholar was held in 1997 with Kitty Reed as the speaker. This year, we will not be hosting Breakfast with a Scholar and instead have chosen to pursue a new venue for scholarly dialogue. This year we will be hosting Wisdom and Wine on Saturday from 4-6 pm. Your registration for this inaugural event is in part a tax deductible donation for TOTF. This year's scholar is Virginia "Ginny" Stoffel, past president of AOTA. Ginny has a strong background in leadership and in advocating for improved mental health services. As this year's Scholar, I know that Ginny will challenge us with an evocative and provocative lecture and dialogue.

Two other fund-raising events for TOTF have been an annual quilt raffle and the silent auction. I would like to highlight

Continued on page 25

POSTER PRESENTATIONS

FRIDAY

Posters will be displayed Friday
12:00 PM – 4:00 PM.

Presenters will staff their posters
from 3:00 PM – 4:00 PM

Gender Segregation in Occupational Therapy

Shamia Gipson

Course Level: Intermediate

Category: Work & Industry

Gender segregation in occupational therapy will be presented to explain why the profession is still predominantly female. This presentation will include reasons why the profession came to consist of mostly women.

Barriers to Life Participation for Parents Raising Children With Disabilities

Patricia Fingerhut, PhD., OTR

Course Level: Intermediate

Category: Children and Youth

Working with children means working with families. What barriers do parents perceive in their ability to pursue daily occupations while raising children with disabilities? How can occupational therapy practitioners support parents and families to enhance participation?

Baby Bonding 101: A Support Group for Parents of Neonatal Infants

Sarah Elkington, OTR, MS, CIMI

Course Level: Intermediate

Category: Children and Youth

Care giving for an infant is often altered for parents of infants born in the neonatal intensive care unit. A parent support group focused on how to feel more comfortable with care giving tasks and strategies to promote bonding as a way to empower parents in this setting is discussed.

Systematic Review: AAI Effects on Pediatric Oncology Patients

Amy Sitabkhan, OTS

Kaela Verbeck, OTS

Course Level: Entry Level

Category: Children and Youth

This systematic review examined the effectiveness of animal-assisted interventions (AAI) on various domains of quality of life for pediatric oncology patients. Studies of children receiving oncological treatment in a hospital and clinic settings were included.

Systematic Review: Early Play Behaviors in Infants Predicting ASD Diagnosis

Elizabeth Marshall, OTS

Drew Merchen, OTS

Course Level: Entry Level

Category: Children and Youth

This systematic review examined play behaviors in infants that predict Autism Spectrum Disorder (ASD) diagnosis. Studies examined motor skills and social behaviors of infants at low and high risk for ASD.

Interprofessional Collaboration to Improve Dental Care for Children with ASD

Elizabeth Olivier OTR, MHS

Emily Calafat

Victoria Swinney

Course Level: Entry Level

Category: Children and Youth

Report of an interprofessional feasibility study to improve the experiences of children with Autism in an on-campus Dental Hygiene clinic. OTA and Dental Hygiene students worked collaboratively to develop preparatory materials for patients and to modify processes in the Dental Hygiene clinic.

Executive Function Interventions for Students with Autism Spectrum Disorders

Lisa Koenig McDaniel

Course Level: Entry Level

Category: Education

Students with Autism Spectrum Disorder (ASD) may also have deficits in their Executive Function (EF) abilities. These deficits can manifest in problem behaviors that can disrupt learning. Studies investigating EF interventions for students with ASD are profiled.

OT in Community-Centered Practice: A Student's Reflection on Fieldwork Options

Normandy Rindahl

Shannon Levandowski,

OTR, MS, OTD, BCP, SCSS

Course Level: Entry Level

Category: Education

A self reflection and literature review on integrating community-centered practice educational opportunities into MOT programs, shifting the focus from community-based practice to community-centered practice for future student opportunities.

Utilizing "Occupation Boxes" to Promote Occupation-Based Practice in OT Students

Mary Grace Gaber, OTR, PhD

Course Level: Intermediate

Category: Education

The occupation box project facilitates use of occupation-based activities in student therapy simulations. Each student pair created an "occupation box" related to a non-ADL occupation. They developed 10 therapeutic activities with the items in the box.

Smart Phones and Musculoskeletal Disorders

Olivia Adamson, OTR, OTD, CHT

Course Level: Intermediate

Category: Health and Wellness

Occupational therapy can offer health promotion education that includes musculoskeletal disorders and psychosocial factors that influence engagement in occupations to high school students and other populations that may be at risk.

POSTER PRESENTATIONS

HELP for Better Health, 2018-2019: A Health Education and Literacy Program

Maricarmen Romero-Mondragon
Anita Rahim

Course Level: Entry Level

Category: Health and Wellness

This presentation will address outcomes of a 9 week community program that seeks to promote independence and improve health education and literacy for adults with intellectual disabilities.

Mental and Behavior Health Current Literature: Diagnoses, Interventions &

Kathlyn L. Reed PhD, OTR, FAOTA, MLIS

Course Level: Entry Level

Category: Mental Health

Poster will present a summary of the mental and behavioral health literature from 2010 in three categories: type of diagnoses, intervention themes and types of outcomes.

Alcohol Use Recovery: Experiences of Women in the Rio Grande Valley

Amber Chavez

Course Level: Entry Level

Category: Mental Health

This phenomenological study describes the experiences of women in the Rio Grande Valley who are currently going through alcohol use recovery. Women often encompass many roles. Going through alcohol use recovery can directly impact those roles and hinder their occupational participation.

Hispanic Aging Parents of Adults with Disabilities: What Becomes of the Child?

Carolina Flores

Shirley A. Wells, DrPH, OTR, FAOTA

Course Level: Entry Level

Category: Productive Aging

This phenomenological study explored the lived experiences of aging parents

of adults with disabilities along the US- Mexico border. The findings indicate the importance of planning for the child's future care and family support.

OT Practitioners' Perspectives on Family Caregiving: Lessons Learned

Precious Osuoha, PhD, OTR

Course Level: Intermediate

Category: Research

Qualitative interviews were conducted with occupational therapists. Data analysis described strategies that OTs use to facilitate positive dimensions of care proven successful with caregivers caring for persons with dementia. These interventions were then developed into a caregiver protocol manual.

Why Do OTs Lose Their Licenses? Results of a Study on Licensure Revocation

Regina C. Drummond, OTD, OTR

Course Level: Entry Level

Category: Research

No prior research has been conducted regarding OT licensure revocation. Knowing the most common reasons for OT licensure loss, fraud and criminal conviction, can enhance both ethical decision making in practice and educational curricula.

Incorporating Standardized Assessments into Acute Care Practice

Veronica O. Davis

Course Level: Intermediate

Category: Rehabilitation Disability
and Participation

Poster presentation focusing on how standardized assessments can consistently and feasibly be incorporated into acute care practice as well as which standardized assessments may be appropriate for use in the acute care environment based on the best available evidence.

Sensory Processing and Motor Development in Children: A Systematic Review

Sarah Goit, OTS

Kallae Kreager, OTS

Course Level: Entry Level

Category: Children and Youth

This systematic review investigated current research related to sensory process skills and motor development in children to identify a correlation between the two variables, in preterm infants, children developing typically and those with sensory processing disorders, and developmental disorders.

Occupational Therapists Perceptions and Use of Safe Patient Handling Equipment

Sarah Martens

Julie Pearce Valladares

Course Level: Intermediate

Category: Health and Wellness

OTs report safe patient handling and mobility equipment (SPHM) helps with safe, functional progression and increases time out of bed for patients. OTs would like more hands-on training in their workplaces to learn what SPHM is available and how to use it to meet the needs of individual patients.

Systematic Review: Effects of Mentorship on Reducing Ageism

Katelyn Weinman, OTS

Skai Woods, OTS

Course Level: Intermediate

Category: Productive Aging

This systematic review examined the effects of mentorship on reducing ageism. Studies included contact only, formal education/video intervention, and no interventions to identify ageism beliefs throughout the lifespan.

POSTER PRESENTATIONS

SATURDAY

Posters will be displayed Saturday
12:00 PM – 4:00 PM.

Presenters will staff their posters
from 3:00 PM – 4:00 PM

Caring Hearts & Helping Hands

Julie Hebert

Diane Brown, OTR, PhD

Course Level: Entry Level

Category: Education

Course Length: Poster Presentation

Students engaged in a service learning project to make sleeping mats and pillows to be distributed to homeless individuals, and kept reflective journals. Learning empathy, and the frustration experienced when undertaking an unfamiliar task, were reported outcomes.

Experiences of Hispanic Parents Raising a Child with an Intellectual Disability

Yolanda Escobedo

John S. Luna, OTR, OTD

Course Level: Entry Level

Category: Children and Youth

This presentation provides insight into the lived experiences of Mexican-American parents raising a child with an intellectual disability. Findings support practitioners in meeting the diverse needs of society through the facilitation of family-centered intervention.

Combining Public Health Strategies As Part of OT Within Pediatric Home Health

Erika Mountz, OTR, MBA

Molly Genovese OTR, MOT

Course Level: Entry Level

Category: Children and Youth

The occupational therapist within the pediatric, home health setting is required to have an expansive role that addresses the child's success in returning to chosen/required life roles. Struggles with health literacy and access to services must be addressed to improve readiness for intervention.

Leisure Patterns in Children with Autism Spectrum Disorder

Hannah Doggett, OTS

Brady Prindle, OTS

Course Level: Intermediate

Category: Children and Youth

This systematic review examined the leisure patterns of children and adolescents between the ages of 6-22 diagnosed with autism spectrum disorder.

Adverse Childhood Events and Quality of Sleep in Children: A Systematic Review

Teara Kelly, OTS

Krista Pon, OTS

Course Level: Entry Level

Category: Children and Youth

This systematic review examined the impact of traumatic events on sleep for children ages 0-18 years. Studies examining international populations were included.

Relationship Between Pediatric Social Participation and Emotion Regulation

Emily Matchett, OTS

Mollie Ripple, OTS

Course Level: Entry Level

Category: Children and Youth

This systematic review examined literature addressing the relationship between social participation and emotional regulation in children and adolescents. A moderate level of evidence overall was found to support social participation being related to emotional regulation.

The Human Trafficking Epidemic and Potential Role of OT in Recovery

Farah Syed

Course Level: Entry Level

Category: Education

This presentation will focus on the importance of OT in combating Human Trafficking both nationally and globally. It will provide clinicians

information on how to become more conscious of these populations in their own practice and the unique role they can play in victims' recovery.

Managing Grief Among a Hispanic College Student Population

Brianda Cortez

John Luna

Course Level: Intermediate

Category: Education

This presentation provides information to occupational therapy educators working with diverse populations on the unique grieving experiences of Hispanic college students.

Latinos in the RGV Living with Ulcerative Colitis: Occupational Changes

Sabrina Reyna

Shirley A. Wells, OTR, PhD

Course Level: Entry Level

Category: Health and Wellness

Ulcerative Colitis, a chronic inflammatory bowel disease, affects all level of occupational performance and participation. Among Latinos in the RGV, it is an ever-present existence that has influenced and changed their mental state.

Bipolar Disorder in Hispanic Populations: Identity and Occupational Competence

Karin Garza

John S. Luna

Course Level: Entry Level

Category: Health and Wellness

This presentation provides occupational therapy practitioners with contextual consideration that influence the development of occupational competence for Hispanic individuals with Bipolar Disorder.

POSTER PRESENTATIONS

Effects of Interventions on PPD:

A Systematic Review

Kailie Powder, OTS

Patricia Fingerhut, OTR, PhD

Course Level: Entry Level

Category: Mental Health

This systematic review examined the effects of non-medical interventions on depressive symptoms in women with postpartum depression (PPD). Interventions included yoga, social support groups, and kangaroo care.

The Wife-Husband Relationship during Incarceration within Mexican Americans

Jocelyn Ochoa

Jack Ruelas, OTR

Course Level: Entry Level

Category: Mental Health

The purpose of this phenomenological study is to explore the wife-husband relationship during incarceration within Mexican Americans.

Understanding this phenomenon can lead to successful interaction in specific required and/or desired familial roles in prisoners when returning to the community.

Effectiveness of Assistive Technology on Social Participation in Older Adults

Brandon Phung, OTS

Linsey Thai, OTS

Course Level: Entry Level

Category: Productive Aging

This systematic review addressed the effectiveness of assistive technology on social participation in older adults. Both adaptive equipment and Information and Communication Technology (ICT) were included.

The Contextual Influence on Occupation in Hispanic Government Employees

Amanda Rodriguez

John S. Luna, OTD, OTR

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Using the Person Environment Occupation Performance Model (PEOP) to analyze the lived experience of Hispanic government employees, this presentation aims to inform clinicians about the contextual factors that impact work performance.

The Big Picture: A Snapshot of Function in Adults with Chronic Brain Injury

Stephen Spees

Course Level: Intermediate

Category: Rehabilitation Disability and Participation

How is function affected in adults in the chronic stages of brain injury recovery? Through assessment of satisfaction, activities of daily living, and community integration, analysis suggests that these individuals are still experiencing functional deficits long after the acute stages of injury.

Knowledge and Perceptions Regarding Functional Maintenance Programs

Laura Novak

Course Level: Intermediate

Category: Research

Researchers used a mixed-methods study with pre/post-test and individual interviews to explore nursing staff's knowledge and perceptions about functional maintenance programs in a nursing facility. The researcher presented an in-service to explore the effectiveness of education on knowledge.

Impact of HIV on Activities of Daily Living

Deanna Franco

Molly Crabtree

Course Level: Entry Level

Category: Research

This systematic review examined articles which discussed the effects of Activities of Daily Living (ADL) participation in people with human

immunodeficiency virus (HIV). This systematic review included articles discussing study participants with HIV and without HIV.

Impacts ADHD Diagnoses Have on Cultural Factors in Mexican-American Families

Ruth Sanchez

Jack Ruelas, OTR

Course Level: Entry Level

Category: Children and Youth

This presentation discusses how cultural factors in Mexican-American families that reside in the Rio Grande Valley area are affected when their child is diagnosed with ADHD and how this can impact the overall health and occupation of the parents.



TOTA Career Center

**Connecting Talent
with Opportunity**

Job Seekers, are you ready for the next stage in your career? Do you need resources to help?

Employers, do you need to post a job?

**CHECK OUT
TOTA'S CAREER
CENTER TODAY!**

HELP US RECOGNIZE EXCELLENCE

Nominate Today

NOMINATIONS WILL BE ACCEPTED THROUGH SEPTEMBER 5th

Awards are presented at the TOTA Annual Conference

AWARDS AND RECOGNITION NOMINATIONS

**NOMINATE AN OUTSTANDING
TOTA MEMBER TODAY!**

TOTA is pleased to recognize therapists, educators, students and friends of occupational therapy for their excellent work for their patients and their profession.

Awards will be announced at the TOTA Annual Business Meeting and given out at the awards ceremony on Saturday 6:15 PM - 7:00 PM.

Note: To be eligible for an award nominees must be current TOTA members at the time of nomination. Acknowledging individuals for hard work and dedication with a TOTA award encourages achievement and personal growth among our members. Thank you for taking time to recognize and nominate outstanding occupational therapy practitioners.

**NOMINATIONS
ARE DUE
SEPTEMBER 5,
2019**

NOMINATE AN OUTSTANDING TOTA MEMBER TODAY!

DESCRIPTIONS OF EACH AWARD CATEGORY IS ON THE NEXT PAGE

Texas OT / OTA of the Year

Roster of Merit

Distinguished Service Award

Letter of Appreciation

Award for Clinical Excellence

Clinical Educator of the Year

Honorary Life Membership

OTA/OT Collaboration Award

Interdisciplinary Team Award

Academic Educator of the Year

Student Leadership Award

Horizon Award

Texas OT and OTA of the Year

This person displays professionalism, leadership and service to the profession at the local, state, and/or national level. This person has at least five years of experience in the field of OT, contributes above and beyond his/her typical job responsibilities, and demonstrates sustained membership to professional organizations including TOTA. This person demonstrates exceptional contributions to the profession with consideration of the following criteria: provides fieldwork supervision, contributes works to professional journals, volunteers in his/her community to further OT awareness, membership in additional professional associations, additional certifications (CHT, NDT, etc.) and demonstrates advocacy in the profession. Two separate honors will be awarded.

Roster of Merit

Members of TOTA who, through their efforts, over a period of fifteen years or more, have made significant contributions in two or more of the following areas (other areas not listed will be given consideration also): a) Therapeutic practice - education, research, public relations, administration and recruitment; b) Communication - through written publication, oral presentations, seminars or workshops; c) Association activities - serving on committees, task forces, boards and elected positions in district, state or national OT associations. A written statement should describe the nominee's contribution to the profession over fifteen years or longer, including therapeutic practice, publications, professional activities, etc.

Distinguished Service Award

This award is given to an individual or group, OT or non-OT, which has provided notable contributions to the development, growth or promotion of the occupational therapy profession or the state association. Additional considerations will be given for those who have provided scholarly contributions and volunteer organizational leadership to TOTA. The nominator should include a statement defining the nature of the service to the profession or TOTA.

Letter of Appreciation

An individual or group which has made a significant contribution to TOTA or the profession of OT in a special area through the use of special talents or that goes beyond those of normal professional duties or responsibilities. (Can be given to individuals or groups, members of TOTA or not; both OTs and non-OTs) A written statement should state the contribution of the individual to the association or profession of occupational therapy.

Award for Clinical Excellence

This award is given to an individual, clinic, facility, research group or district, which has demonstrated a short-term innovative or exceptional activity in clinical occupational therapy. The nominator should provide a written description of the nominee's act of excellence.

Clinical Educator of the Year

This award is given to an occupational therapy practitioner who demonstrates exceptional contributions in some or all of the following areas: a) development and/or revision of a facility's fieldwork program; b) exhibits expertise in student supervision; c) trains student supervisors; d) contributes to the profession through in-service education/publications. This clinician demonstrates professional leadership by participating in local and state organizations and encourages professional behaviors in others.

Honorary Life Membership

This award is given to an occupational therapy practitioner who has demonstrated significant and notable contributions to the profession throughout his/her career and has reached the age of retirement or limited professional duty. This person has also provided exceptional contributions to TOTA as evidenced by (but not limited to): service on committees, holding offices with TOTA and service on task forces. The nominator should provide a written statement of this person's contributions to the profession and TOTA throughout their professional career.

OTA/OT Collaboration Award

Awarded to an OTA and an OT who have worked together in a collaborative effort to make significant contributions to the profession of occupational therapy. These areas include research, practice and education, as well as presentations and publications. One of the nominees must be an active member of TOTA and more consideration will be given if both nominees are members. A written statement should describe their achievements together.

Interdisciplinary Team Award

Recognition of a team of interdisciplinary professionals which includes an occupational therapy practitioner who have made significant contributions in some or all of the following areas: a) participation in community projects that affect the lives of persons served by the profession; b) participation in patient advocacy activities; c) involvement in legislative activities to improve the quality of life of persons served by the profession; d) participation in joint research efforts; e) participation in a non-traditional

program. A written statement with specific examples should describe the achievements of the team.

Academic Educator of the Year

This award is given to recognize a faculty member in an occupational therapy program who has made outstanding contributions to academic education in the following areas: a) exhibits innovative teaching skills and serves as a role model; b) makes substantial contributions to the profession in the forms of presentation, publication and research; c) provides community service through membership on state or local OT boards, chairs committees or is an officer of a community organization. The nominee demonstrates professional responsibility by membership and participation in professional organizations.

Student Leadership Award

Recognition of a student member of TOTA who has made outstanding contributions and has shown leadership in one of the following areas: a) participation in community projects that positively affects the lives of persons served by our profession; b) active involvement in a leadership capacity in local or state professional organizations related to occupational therapy and/or the persons served by the profession; c) participation as an advocate for the profession or for the persons served by the profession. A written statement should describe the specific achievements of the person.

Horizon Award

This award is given to an occupational therapy practitioner who has been in the profession less than five years and has been recognized by his/her peers for contributions to the profession. This individual demonstrates exceptional contributions in some or all of the following areas: a) participation in community projects that positively affects the lives of persons served by our profession; b) active involvement in a leadership capacity in local or state professional organizations related to occupational therapy and/or the persons served by the profession; c) participation as an advocate for the profession or for the persons served by the profession. The nominator should provide at least one peer letter of recognition.

Click to Submit a Nomination Today!

Stack your savings and enjoy an even bigger discount off of full registration by volunteering!

THIS YEAR THERE ARE SEVERAL VOLUNTEER OPPORTUNITIES FOR PRACTITIONERS AND STUDENTS. YOU MUST BE A MEMBER OF TOTA TO VOLUNTEER. A MAXIMUM OF 50 VOLUNTEER POSITIONS ARE AVAILABLE FOR REGISTERED CONFERENCE ATTENDEES – FIRST COME, FIRST SERVED.

Practitioner Discount \$30 off!!!

Student Discount \$15 off!!!

ALL VOLUNTEERS MUST:

- Complete the volunteer selection form before completing your conference registration in order to receive your discount code.
- Volunteer for a minimum of one, five-hour shift during conference
- Must be registered for the full, three days of conference.

REGISTER HERE:

Volunteer positions available at 2019 TOTA Annual Conference:

Registration Desk

Hospitality Booth

Quilt Raffle
Ticket Sales

Silent Auction

Exhibit Hall

Educational Session
Room Monitor
and Introducer

Be a Volunteer!



VOLUNTEER

TIME FOR A CHANGE

By Esther Bell, OTR, MA, FAOTA



Esther Bell, OTR, MA, FAOTA

Have you ever wondered why our Texas conference is called the Mountain Central Conference? In the 1980s, there was a push to have regional OT conferences so more people could attend easily while also experiencing the broader perspective and resources available at AOTA conferences. A few state associations were large enough to put on significant conferences, but those in many small states were not.

Thus the Great Southern Occupational Therapy Conference was born. It encompassed all of the southern states and was open to anyone else who wanted to attend. The first Great Southern Conference was held in October of 1983 in Atlanta. It quickly became successful with high attendance numbers. The Great Southern provided well-known speakers and more workshops and programs than most states could assemble on their own.

Occupational therapy practitioners from Texas attended as well and brought back the idea that Texas could do the same. TOTA encouraged OT associations from Oklahoma, Arkansas, Louisiana, Kansas/Missouri, New Mexico, Colorado to join in supporting a regional conference which TOTA would design and conduct. The name for this conference was deliberated for some time because there was not a specific geographic identity for these states as there was for the South did for the Great Southern. However, the states involved were central and the area did encompass some mountainous regions here and there.

I remember the great excitement on night we hit on the name Mountain Central Conference. We launched the first conference in August of 1993 in El Paso, which did have mountains around it! And indeed this conference drew attendees from other states which helped broaden therapists' views of how OT was growing, developing and focusing in different areas. The AOTA Executive Board held their quarterly meeting at our inaugural conference, thus providing AOTA presence and support.

In 2000, the Great Southern Conference series ended because attendance had dropped. TOTA has continued to host the Mountain Central, but the numbers of attendees from other states has dwindled. The need to host a regional conference no longer seemed critical. TOTA conference organizers continue to invite the other states to participate but have chosen to focus on a Texas Occupational Therapy conference rather than a regional conference. The history of MCC is interesting but circumstances change on and it is now time for a name change.

**MOUNTAIN
CENTRAL
CONFERENCE
IS NOW CALLED
"TOTA ANNUAL
CONFERENCE"**



2019 SILENT AUCTION

DONATE. BID. SUPPORT.

Last year's auction was a great success. Thanks to everyone who donated and bid making it creative, fun, and exciting. Well folks, this is Texas and we must make each year "BIGGER".

We are asking you to donate items for auction and of course we love BASKETS. So once again get together with your co-workers, neighbors, classmates, and friends to make this the most successful year ever.



get creative!

Here are a few ideas to get you started:

GIFT BASKETS
MASSAGE CERTIFICATES
SPA DAYS
RESTAURANT GIFT CARDS
SPORT EVENT TICKETS
WINE / CHEESE
LOCAL BREWERY TOURS
MUSEUM TICKETS
COMEDY NIGHT
OUTDOOR ACTIVITIES
THEME PARK TICKETS

CAR WASH CERTIFICATES
MUSIC GIFT CARDS
GAMES
GOURMET POPCORN
OT EMERGENCY KIT
LOTTERY TICKETS
CHOCOLATE / CANDY
PET SUPPLIES
AUTO DETAILING
OT SUPPLIES
COOKING CLASSES

TBOTE'S FAVORABLE RESPONSE TO TOTA'S NEW CE APPROVAL PROGRAM

By Sophie Rydin, OT, PhD, TOTA Education Chair



Sophie L. Rydin,
OT, PhD

I have great news to share with all the OT practitioners in Texas – the TBOTE board approved TOTA's CE Approved Provider program in May 2019. The

significance of this continued approval from TBOTE is that, whether or not you are a TOTA member, if you take any TOTA pre-approved CE courses, you can be assured that you will pass a TBOTE audit.

The TBOTE Board reviews both TOTA and AOTA CE Approved Provider programs every three to five years as part of the continuing education approval process, pursuant to 367.1(e) of the OT Rules. I completed six pages of responses to answer all the questions and submitted the responses to TBOTE board on behalf of TOTA in April. The submission was reviewed at the May 2nd TBOTE education

committee meeting and at the May 3rd TBOTE Board meeting. The TBOTE Board determined that activities approved or offered through TOTA for continuing education will continue to be recognized as pre-approved continuing education for occupational therapists and occupational therapy assistants in Texas.

The TBOTE board was very pleased with the lineup of our well-qualified new CE reviewers and the improved CE process. In fact, TBOTE board commented that TOTA has a better and more stringent CE review process than AOTA, as they have declined some pre-approved CE courses from AOTA because they did not meet TBOTE's CE guidelines.

As a TOTA member, you can attend all the district meeting and district CE presentations free of charge and attend all the TOTA pre-approved CE courses and TOTA annual conferences at discount rates. In some districts, you can easily earn 10 to 15 CE hours per year just attending the

CE presentations at the district meetings. It's a real steal for your annual membership fee of \$135 for OT practitioners and \$67.50 for the new OT graduates' first year membership. When you join TOTA or renew your membership, you provide the support needed for the TOTA board and the education committee to continue working hard to provide you with high quality CE courses that will be approved by TBOTE. TOTA is committed to make every dollar of your membership work for you, so join TOTA today!

Please share this article with your colleagues and bring them to the next district meeting to enjoy networking with students and area OT practitioners and get CE credits. All CE presentations at the district meetings are free for TOTA members.

As always, please contact me at sophie.rydin@hcscs.com if you have any questions or suggestions.

TEXAS OCCUPATIONAL THERAPY ENDOWED SCHOLARSHIP

The demand for OTs is growing and TOTA and AOTF are working together to meet this demand. For more than 20 years, students enrolled in OT and OTA programs in Texas have received scholarships through AOTF thanks to the generosity of TOTA members. For the last 10 years, two students each year received over \$1,000 each in financial aid to assist them as they pursue their degrees. With the rising costs of tuition, living expenses and undergraduate debt, TOTA increased the amount of our TOTA scholarships. This was accomplished in part with the financial gift donated to TOTA by Nancy Griffin.

Applications for 2020 are currently being accepted. To find out more about eligibility requirements and how to apply visit <https://www.aotf.org/Scholarships/How-to-Apply>

Note: Nancy Griffin was a TOTA honorary life member. She graduated from TWU in 1958 and earned her doctorate from Indiana University in 1972. Dr. Griffin taught in the occupational therapy department at TWU for 30 years. She was active in the American Occupational Therapy Association and was an elder at St. Andrew Presbyterian Church.

The OTBE is a 501(c)(3) Texas corporation. To my knowledge, it is the only OT benevolence endowment in the United States established to assist OT practitioners in time of need. OTBE was created following Hurricane Harvey when it was discovered that there was no mechanism to collect funds from those who were interested in assisting Texas OTs critically affected by the storm. OTBE is still in its infancy but does have a board, bylaws, and means to distribute funds; it has complied with all state and federal guidelines. I hope you will take the opportunity to donate a little to the OTBE to help our colleagues who are in need.

The TOTF was established to provide research grants to demonstrate the value of our profession. As a private business owner and practicing OT, I am frequently challenged by payer sources claiming that treatment provided has little evidence to support charges for reimbursement. TOTF assists and provides funds to Texas OTs interested in conducting research to establish efficacy.

Please take the time to donate to two great organizations. Your hard-earned dollars will be well spent--each cause has value.

As your president, I appreciate your commitment to our profession. I know I am preaching to the choir when I stress the importance of your support, but we need support from your colleagues as well. Please recruit your colleagues to join TOTA. We have over 16,000 licensed OTs and OTAs in Texas, but only 800 licensed practitioners are TOTA members. There are so many challenges facing us in Texas. Recruit for TOTA. I hope to see you in Austin!

God Bless Texas, and God Bless TOTA.

MARY ANN MONKHOUSE KLEUSER

JANUARY 19, 1950 - APRIL 23, 2019

By Tom Kleuser

Mary Ann was born in Dallas, Texas on January 19, 1950 to George and Genevieve Monkhouse. She graduated from Hillcrest High School in 1967. Since Mary Ann loved arts and crafts as a young girl, her mother encouraged her to pursue a degree in Occupational Therapy. Mary Ann earned her bachelor's degree in OT from Colorado State University in 1971.

In 1975, Mary Ann was hired by Scott & White Clinic in Temple, Texas to start an Occupational Therapy Department. By the time of her departure from Scott & White in 1981, Mary Ann had established a large and well-respected department with six OTs.

Mary Ann worked part-time as an OT while she was actively involved in her sons' school activities. She later earned her master's degree in OT at TWU. She was selected as Texas Occupational Therapist of the year in 1983, and she chaired the committee that successfully gained licensure for all OTs in the state of Texas.



“Mary Ann was driving force behind our efforts to obtain licensure (and legal standing) for OTs in Texas.”

— Jackie Low

TOTF, continued from page 14

the silent auction, which is usually a lively event in the exhibit hall and will likely be exciting again this year. Sophie Rydin, TOTF's development chair will be looking for donations from everyone and all; art work, quality craft items, vintage books, and of course the baskets. There are so many wonderful baskets to be bid on. Watch for more details.

Lastly, TOTF has an annual competition for small grants for Texas OTs. To date the Foundation has provided four grants all which have been successfully completed. Each grant recipient has

presented the results of her research at a TOTA conference. If you are an occupational therapist in Texas and a member of TOTA doing research, check out the grant application on the TOTF web link and please apply.

As we move forward, TOTF has been discussing some interesting and challenging ideas that will move scholarly practice forward in Texas. As we develop these ideas we will share with you. In the meantime, we are looking forward to seeing many people at conference and at our inaugural Wisdom and Wine this year.

NOTE: Longer sessions will overlap other sessions. Please note session times!

EDUCATIONAL SESSIONS

FRIDAY, NOV 1

101 – Friday- 8:00 AM – 6:00 PM Adult Group Behavioral Health Intervention: An Interactive Workshop

Carly Cooper, Amelia Wilson,
Bailey Rainey

**Course Level: Entry Level
Category: Mental Health
Course Length: 7 hours**

The workshop includes a review of behavioral health diagnosis, medications, and occupational therapy evaluation/documentation and hands-on group activities from the presenters arsenal that allow individuals the opportunity to role play as both facilitator and group participant.

102 – Friday 8:00 AM – 6:00 PM Industrial OT: Thinking Adapting Fit for Duty Programs in all Facilities

Paul A Fontana, OTR, FAOTA,
Lucien Lalande, OTR, MSOT
**Course Level: Intermediate
Category: Work & Industry
Course Length: 7 hours**

This course will provide the tools needed to develop and implement a comprehensive and defensible Fit for Duty program in any setting. Topics included: quantifiable physical job descriptions, protocols for post hire and RTW assessments, ergonomics and court decisions guiding this area of practice.

103 – Friday 8:00 AM – 9:45 AM Handwriting and MTSS. Embed. Collaborate. Measure. Graduate!

Beverly H. Moskowitz,
DOT, MS OTR/L FAOTA

**Course Level: Entry Level
Category: Children and Youth
Course Length: 1.75**

The Size Matters Handwriting Program mirrors the MTSS demand for access & accountability. SMHP is adaptable, measurable & easily tiered. Learn concepts, strategies, accommodations & materials to build legibility school wide, in classrooms and individually.

104 – Friday 8:00 AM – 12:00 PM Hippotherapy vs. Therapeutic Riding: Do You Know Where to Referral?

Fritzi Glover-Strowmatt, OTR, OTD,
CAS, AAT-C, Kinsey Barnett, OTR, MOT
**Course Level: Entry Level
Category: Rehabilitation Disability
and Participation
Course Length: 3.45**

This presentation provides the evidence behind the dynamic intervention of a horse within a treatment session. Clarification of the differences in the array of programs and how to make an appropriate program referral. Do you know the program differences and how to make an appropriate referral?

105 – Friday 8:00 AM – 12:00 PM PDPM is Here, Now What? Transitioning to the New Patient Driven Payment Model

Lynda Jennings, OTR
**Course Level: Intermediate
Category: Productive Aging
Course Length: 3.45**

A discussion on the impact of the recent implementation of the new reimbursement model, Patient Driven Payment Model (PDPM) and what the skilled nursing Occupational Therapy Practitioners needs to know to be successful.

106 – Friday 8:00 AM – 12:00 PM Metaphors, Meaning, and Mindfulness: Tools of the Psychosocial OT

Sally Harris King, COTA, OTCFC
Diane M. Collins, OT, PhD

**Course Level: Entry Level
Category: Mental Health
Course Length: 3.45**

You will learn (or refresh) your psychosocial occupational therapy skills using hands-on practical interventions to provide hope and recovery for clients with mental health issues. Complete therapeutic projects that could be used in many settings and learn about the latest research in our field.

107 RESEARCH FORUM Friday 8:00 AM – 12:00 PM A Scoping Review of Trends of Postural Control with Individuals with ASD

Farah Syed, OTS
**Course Level: Entry Level
Category: Children and Youth
Course Length: 20 minutes
Research session**

This scoping review provides an overview of developmental trends of postural control with individuals with Autism Spectrum Disorder(ASD). The development of postural control with ASD differs considerably from the typical population and has serious implications at the individual and societal level.

107 RESEARCH FORUM Video Modeling in Assessment of Performance for Children with Autism

Amy Gibbs, OTR, MOT
Catherine Candler, OTR, PhD, BCP
**Course Level: Intermediate
Category: Children and Youth
Course Length: 20 minutes
Research session**

The purpose of this study was to determine whether there was a difference in test performance when video modeling was included as part of the test instructions for children with autism. Results showed subtle differences in time and the children's excitement levels with no difference in test scores.

107 RESEARCH FORUM Promoting Mental Health in School-Aged Children: A Pilot Study

Mei-Ling Lin, PhD, OTR
**Course Level: Intermediate
Category: Children and Youth
Course Length: 20 minutes
Research session**

This study examined the effectiveness of a school-wide stress management program on mental health and well-being in school-aged children. Preliminary findings show a significant increase in subjects emotional self-efficacy after the implementation of four monthly sessions.

NOTE: Longer sessions will overlap other sessions. Please note session times!

EDUCATIONAL SESSIONS

107 RESEARCH FORUM Addressing Health Disparities in Under-served Communities Using Self-management

Amber Armstead, OTR, DrPH

Course Level: Entry Level

Category: Health and Wellness

Course Length: 20 minutes

Research session

This research sessions offers OTs, OTAs and students an opportunity to understand how the application of the model of human occupation can positively impact the lives of individuals living with chronic diseases including HIV, Diabetes, respiratory issues, and geriatric syndromes.

107 RESEARCH FORUM Occupational Therapists' Perceptions of Cognitive Assessment: A Grounded Theory

Catherine Tsang-Wu, OTD, OTR

Barbara Nadeau, PhD, OTR

Course Level: Intermediate

Category: Rehabilitation Disability and Participation

Course Length: 20 minutes

Research session

This session will present a grounded theory to explain OTs perceptions and insights when choosing cognitive assessments in the inpatient rehabilitation setting. The literature indicates that OTs are not routinely using functional cognitive assessment. This study explored why.

107 RESEARCH FORUM Scoping Review: Examining Neuroplastic Benefits of Doing Yoga Post CNS Lesions

Natalie Tegtmeier, OTS

Course Level: Entry Level

Category: Research

Course Length: 20 minutes

Research session

This scoping review examines the link between neuroplastic changes such as improved movement and function with the practice of yoga with people with acquired neurological lesions. Yoga has the potential to promote neuroplastic changes, however there is a dearth of research in this area.

107 RESEARCH FORUM Adapting After Stroke: Survivors' Perspectives of Self-Management Programs

Riqiea Kitchens, PhD, OTR, BCPR, CSRS

Course Level: Intermediate

Category: Research

Course Length: 20 minutes

Research session

This presentation will share the results of a qualitative study exploring conducted to explore the process of adaptation the Occupational Adaptation Process as described by five stroke survivors of stroke following their participation in a stroke self-management program.

107 RESEARCH FORUM Admission Requirements & Practices in Entry-Level Occupational Therapy Programs

Cindi Tiongco, OTR, MOT

Sandra Whisner, OTR, PhD

Course Level: Entry Level

Category: Research

Course Length: 20 minutes

Research session

This study provides information about admission practices for graduate-level OT programs, including a description of admission requirements for a sample of entry-level masters programs and a summary of admission requirements used by entry-level masters and doctoral programs in the United States.

107 RESEARCH FORUM Addressing the Gap: Occupational Therapy in Hospice Care

Emily Mueller, OTS

Course Level: Entry Level

Category: Research

Course Length: 20 minutes

Research session

This study addresses a gap in knowledge regarding occupational therapy in hospice care. We examined demographics, services used and outcomes for patients with versus without occupational therapy in the context of hospice care. We analyzed data from The National Home and Hospice Care Survey of 2007.

107 RESEARCH FORUM Measuring impact of Leisure and Creative Activities on Occupational Well-being

Cynthia Evetts, OTR, PhD

Rachel McClure, OTS

Course Level: Intermediate

Category: Research

Course Length: 20 minutes

Research session

The Occupational Wellbeing Inventory was developed to test seven constructs named for occupational needs that enhance wellbeing including pleasure, renewal, accomplishment, affirmation, coherence, companionship, and agency. The impact of crafting on the wellbeing of veterans will be shared.

108 – Friday 10:00 AM – 12:00 PM OT Math: AT + OT= Participation

Julie Hebert, OTR, OTD

Diane Brown, OTR, PhD

Course Level: Entry Level

Category: Children and Youth

Course Length: 1.75

This presentation will give attendees information and resources for using low or no-cost assistive technology solutions within the context of pediatric populations in order to meet client goals of increased participation in desired and necessary occupations.

109 Poster Sessions Friday 12:00PM – 4:00 PM

110 – Friday 1:00 PM – 3:00 PM Choose Wisely! Ethical Practice in Challenging Times

Giuli Krug, OTR, PhD

Course Level: Intermediate

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This session will introduce the recommendations put forth by the AOTA Choosing Wisely: Five Things Patients and Providers Should Question initiative. This session will be dynamic and collaborative in nature, using actual clinical ethical challenges to apply the Choosing Wisely recommendations.

NOTE: Longer sessions will overlap other sessions. Please note session times!

EDUCATIONAL SESSIONS

**111 – Friday 1:00 PM – 3:00 PM
Power Mobility: Using Science, Creativity, and Compassion Increase Occupation**

Thomas Halka, OTR, ATP
Course Level: Entry Level
Category: Rehabilitation Disability and Participation
Course Length: 1.75

What is an OT's role in providing power mobility? This session will examine the Wheelchair Provision Guidelines by RESNA and will discuss OTs' unique perspective when recommending power mobility: specifically, complex rehab technology and the use of power seat functions to improve occupation.

**112 – Friday 1:00 PM – 3:00 PM
Let's Talk About the NBCOT® National Certification Exam!**

Shaun Conway, OTR
Course Level: Entry Level
Category: Education
Course Length: 1.75

This presentation will provide information on preparing for the NBCOT® national certification examination, as well as the examination application process and the benefits of certification.

**113 – Friday 1:00 PM – 3:00 PM
Mental & Behavioral Assessments Published Since 2010**

Kathlyn L. Reed PhD, OTR, FAOTA, MLIS

Course Level: Intermediate
Category: Mental Health
Course Length: 1.75

Presentation of ten recently published mental and behavioral assessments for adults published in articles or online which include the test form, instructions and some information on validity and reliability, if appropriate.

**114 – Friday 1:00 PM – 3:00 PM
Legislative Session**

Denise Rose, JD
John Luna, OTR, OTD
Course Level: entry level
Category:
Course Length: 1.75

**115 – Friday 4:00 PM – 6:00 PM
In The Thick of It – Thickening in Dysphagia**

Jennifer S Meyer, MA CCC-SLP
Course Level: Intermediate
Category: Rehabilitation Disability and Participation
Course Length: 1.75

The purpose of this 2-hour intermediate presentation is to explore the history, use, and appropriateness of different options for thickening in dysphagia across the lifespan, incorporating the new IDDSI® guidelines.

**116 – Friday 4:00 PM – 6:00 PM
Course Title: School Practice Where Science, Creativity and Compassion Converge!**

Jean E. Polichino, OTR, MS, FAOTA
Course Level: Entry Level
Category: Children and Youth
Course Length: 1.75

For practitioners thinking about moving to school-based practice, this presentation will provide an orientation to the federal policies that govern services to students, the educational systems where services are delivered and the scientific research that informs current best practices.

**117 – Friday 4:00 PM – 6:00 PM
PDPM Creative Service Delivery Using Group/Concurrent Treatment: Are You Ready?**

Shonda McCauley, OTR
Course Level: Entry Level
Category: Productive Aging
Course Length: 1.75

PDPM will go into effect 10/01/19 resulting in the most significant changes to SNF payment since PPS in 1997. Group and Concurrent service delivery modes will become a big part of how services are delivered in the SNF. This course will discuss these modes and how to utilize for improved outcomes.

**118 – Friday 4:00 PM – 6:00 PM
Preventative Care and Pain Management Techniques for Osteoarthritis (OA)**

Cecilia Fierro, OTD, OTR
Axel Colon-Padin, OTS
Joshua Brooks, OTS
Megan Goldner, OTS
Gustavo Garza, OTS
Course Level: Intermediate
Category: Rehabilitation Disability and Participation
Course Length: 1.75

This course will provide an overview of the etiology and pathology of OA, ergonomic considerations for preventative care and joint protection, strategies for pain management and fatigue, barriers to participation at home and in the community, and community resources to facilitate participation.

**119 – Friday 4:00 PM – 6:00 PM
Implementing the LEE Model to Facilitate Clinical Competency for OTs**

John S. Luna, OTR, OTD
Roel Garcia, OTR, OTD
Course Level: Entry Level
Category: Education
Course Length: 1.75

This presentation provides strategies and resources for occupational therapy practitioners working as academic to integrating the LEE (Learn, Expand and Engage) Model into clinical courses to meet competency-based learning objectives.

SATURDAY, NOV 2

**201 – Saturday 8:00 AM – 9:45 AM
The Role of Occupational Therapy in Promoting Social Competence in Children**

Tunesha Banks, OTR, OTD, MBA
Leslie Werner, OTR, MOT
Course Level: Entry Level
Category: Mental Health
Course Length: 1.75

The purpose of this presentation is to describe the role occupational therapists play in assisting children in the exploration and development of social competence skills for optimal engagement and participation. The presentation will explore creative and scientific treatment interventions.

NOTE: Longer sessions will overlap other sessions. Please note session times!

EDUCATIONAL SESSIONS

202 – Saturday 8:00 AM – 9:45 AM
The New Age of Cardiac Rehab: OTs Role in Pediatric Heart Conditions

Stefanie Rogers, OTR, MOT

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This lecture will explore who pediatric cardiac patients are, what the diagnosis means for them as they grow and develop, and the potential role for occupational therapy to bring imagination and creativity to developing pediatric cardiac rehab pathways.

203 – Saturday 8:00 AM – 9:45 AM
Addressing Fieldwork Challenges with Creative and Collaborative Solutions

Laurie Stelter, OTR, PhD

Shannon Levandowski OTR, OTD

Jack Ruelas, OTR

Autumn Clegg, OTR, EdD

Kari Williams, OTR, MS

Rocio Alvarenga, OTR, MOT

Course Level: Entry Level

Category: Education

Course Length: 1.75

Acknowledging the need for creative solutions to challenges in fieldwork education, this presentation combines the efforts of the Texas Experiential Education Council to clarify issues around fieldwork supervision and reimbursement sources, as well as providing strategies for OT/OTA collaborations.

204 – Saturday 8:00 AM – 9:45 AM
Back to the Future: Health Coaching as an Emerging Enablement Skill

Sharon K. Hennigan, OTR, MA, CHT

Maryellen Kuhlmann, OTR, PhD

Course Level: Entry Level

Category: Health and Wellness

Course Length: 1.75

This presentation explores the alignment between Occupational Therapy and health coaching tenets, demonstrates the use of health coaching skills in a typical occupational therapy setting, and provides an opportunity for participants to learn and practice evidence-based health coaching techniques.

205 – Saturday 8:00 AM – 9:45 AM
The Role of Occupational Therapy in Cancer Survivorship and Pain Management

Cecilia Fierro, OTD, OTR

Veronica Brookshaw, OTS

Rebeca Perez, OTS

Carina Baeza, OTS

Kinza Ali, OTS

Course Level: Entry Level

Category: Health and Wellness

Course Length: 1.75

The focus of this presentation will be on the cancer survivor experience and how occupational therapy can extend services through the advocacy of the practice and evidence-based treatments that address pain, fatigue, and psychosocial issues.

206 – Saturday 8:00 AM – 9:45 AM
Course Title: OT's Role in Transition to Adulthood for Those with Autism & Other Disabilities

Kate Lundgren, OTR, MBA

Anna Morgan, OTR

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

As many facilities define themselves as "pediatric" or "adult" based, are OT facilities neglecting an important group of patients who need client centered care? This lecture seeks to define OT's role in transitioning young adults with Autism and related disabilities successfully into adulthood.

208 – Saturday 10:00 AM – 11:00 AM
Annual Business Meeting

209 – Saturday 11:00 AM – 12:00 PM
Keynote Address

Eugene L. Alford, MD

210 – Saturday 12:00 PM – 4:00 PM
Poster Sessions

211 – Saturday 1:00 PM – 3:00 PM
Compassionate Treatment Approaches that Engage and Satisfy Women in Recovery

Suzanne M. Peloquin, OTR, PhD, FAOTA

Course Level: Intermediate

Category: Mental Health

Course Length: 1.75

In this residential community setting, Person-Environment-Occupation and Recovery models guide creative interventions that meet therapeutic goals and engage clients with substance dependence. This session elaborates satisfying life skills and craft groups, use of self, documentation, and research.

212 – Saturday 1:00 PM – 3:00 PM
Telehealth Service Delivery in Schools Where Science and Creativity Intersect

Jean E. Polichino, OTR, MS, FAOTA

Stephanie Johnston,

OTD, MA, OTR, FAOTA

Course Level: Intermediate

Category: Children and Youth

Course Length: 1.75

Telehealth service delivery of occupational therapy is becoming more attractive to Texas school districts. School-based practitioners will learn the opportunities and challenges afforded, applicable professional standards and relevant regulatory requirements for telehealth service delivery.

213 – Saturday 1:00 PM – 3:00 PM
Occupational Therapy in China

Debbie Lavine, OTR/L, CIMI

Course Level: Entry Level

Category: Education

Course Length: 1.75

An introduction to occupational therapy in mainland China will be given. The role of culture, educational differences, and the demand for providers will be revealed. Additionally, participants will learn ways they can become involved in the promotion of international occupational therapy.

NOTE: Longer sessions will overlap other sessions. Please note session times!

EDUCATIONAL SESSIONS

214 – Saturday 1:00 PM – 3:00 PM

Share the Road:

A Journey of Collaboration

Katherine (Kate) Lundgren,
OTR, MBA, SIPT, NDT

Chrsitina Martin,

M.S., CCC-SLP, BCBA

Meena Ramdas Karthik, MSPT, C/NDT

Sydney Perricone, M.S., CCC/SLP

Course Level: Entry Level

Category: Children and Youth

Course Length: 1.75

It is important for therapy providers to collaborate in providing treatment to children and their families.

Collaboration and consultation across disciplines ensures best practice and enhances treatment outcomes for therapy.

215 – Saturday 1:00 PM – 3:00 PM

Treatment for Cumulative

Trauma Disorders Using

a Person-Centered Approach

James W. King, OTR, PhD, CHT

Course Level: Intermediate

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This learning experience introduces the participants to psychosocial influences in the development of cumulative trauma disorders and offers a person-centered approach to treatment.

216 – Saturday 1:00 PM – 3:00 PM

Alleviating Loneliness During

Transition Into Long-Term Care:

What Can OT Do?

Pei-Fen Chang, OTR, PhD

Gayle Hersch, PhD, OTR

Harriett Davidson, OTR, MA

Kai-Li Tsai, PhD

Course Level: Intermediate

Category: Productive Aging

Course Length: 1.75

Concepts of loneliness and transition as experienced by residents relocating into LTC will be described. Survey results re: OT practitioners perspectives working with such clients will be reported. Attendees will analyze case scenarios depicting issues of social isolation and develop solutions.

217 – Saturday 1:00 PM – 3:00 PM

Through the Eyes of Individuals with Low Vision

Celina Casas, OTD, OTR

Course Level: Entry Level

Category: Productive Aging

Course Length: 1.75

The focus of the course will include education on the different types of low vision found in older adults, provide a low vision simulation lab, followed by an interactive discussion on the perspectives of individuals living with low vision and its impact on occupational performance.

218 – Saturday 4:00 PM – 6:00 PM

TOTF Wisdom and Wine

Virginia "Ginny" Stoffel, PhD, OT, FAOTA

Course Level: All

Course Length: 1.75

219 – Saturday 4:00 PM – 6:00 PM

The Quality Indicators in School

OT Practice: Application and

Recommendations

Anne H. Watson, OTR, PhD

Course Level: Intermediate

Category: Children and Youth

Course Length: 1.75

This course will advance the exposure of practitioners to the use of the Quality Indicators in School Occupational Therapy Practice, a developing tool to promote best practice in school-based settings. The participants will discuss how the QI can be applied to their own school setting.

220 – Saturday 4:00 PM – 6:00 PM

Course Title: NBCOT®: An Update on OT National Certification

Shaun Conway, OTR

Course Level: Intermediate

Category: Education

Course Length: 1.75

This presentation will provide an update on NBCOT® certification programs and services including initial certification, certification renewal and continuing competency, partnerships with OT State Regulatory entities, and qualifications and compliance review.

221 – Saturday 4:00 PM – 6:00 PM

Prosthetic Options and Therapy Interventions for Partial Hand Limb Loss

Bambi Lombardi, OTR

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

Prosthetic options for individuals with partial hand limb loss have changed dramatically over the last few years due to technological advancements in prosthetic technology. This course will introduce therapists to these advancements and highlight training protocols to enhance use in daily tasks.

222 – Saturday 4:00 PM – 6:00 PM

The Art of Sexuality and Disability

Jennifer Summers, OTD, OTR

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This presentation will prepare participants to value intimacy, sexual identity, and sexual engagement for people with disabilities. Literature will be shared via an original art series. The OT process will be discussed intended to facilitate intimate interaction either alone or with others.

223 – Saturday 4:00 PM – 6:00 PM

Occupational Therapy's

Impact on Dying Well

Melissa Saffron, MS/OTR, CAPS, CEOLD

Michelle McCarty, MA, LSSP, COTA, CAPS, CEOLD

Course Level: Entry Level

Category: Productive Aging

Course Length: 1.75

Participants will explore a deeply humane perspective on options, choices, and possibilities for patients in maintaining meaning and purpose at End of Life. The speakers will provide tools to identify aspects of the domain of OT impacting a meaningful and person-centered End of Life experience.

224 – Saturday 4:00 PM – 6:00 PM

OTA Forum

Kelly Parmet, OTA

Lynda Jennings, OTR

Course Level: Entry Level

Category: Practice

Course Length: 1.75

NOTE: Longer sessions will overlap other sessions. Please note session times!

EDUCATIONAL SESSIONS

SUNDAY, NOV 3

301 – Sunday 8:00 AM – 9:45 AM The Role of Occupational Therapy in Concussion Management

Emilie Klingman, OTR, MOT

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This short course discusses current practice trends regarding the role of OT in concussion management. Content includes pathophysiology, functional deficits, and evaluation and treatment of the pediatric concussion population, but this information can also be applied to adult care.

302 – Sunday 8:00 AM – 9:45 AM Levels of Instructional Assistance with Clients

Kathlyn L. Reed PhD, OTR, FAOTA, MLIS

Course Level: Entry Level

Category: Mental Health

Course Length: 1.75

Presentation focuses on the three levels of assistance (verbal, gestures & physical) used in the Performance Assessment of Self Care Skills (PASS) and provides examples useful in everyday practice.

303 – Sunday 8:00 AM – 9:45 AM Compensatory Strategies for a New Mother Post Stroke

Judith Joseph, OTR, MA, CDRS

Brittney Burton, OTR, MOT

Lauren Wood, MS

Course Level: Intermediate

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This is a case study of a 33-year-old woman who suffered an ischemic stroke while 24 weeks pregnant with twins. The OT evaluation, treatment plan, unique intervention strategies, and functional outcomes developed by two occupational therapists in collaboration with their patient will be described.

304 – Sunday 8:00 AM – 9:45 AM Opening a Window of Possibilities with Chrome Tools

Mabel Gallegos

Course Level: Intermediate

Category: Children and Youth

Course Length: 1.75

This presentation will cover a variety of Chrome apps and extensions that include speech to text, word prediction and/or text to speech support which facilitate access, assist with spelling and/or assist with the editing process for children and youth who struggle with completing writing tasks.

305 – Sunday 8:00 AM – 9:45 AM Promoting Occupational Performance in Hand Therapy

Nicole Parten, OTR, MOT, CHT

Peggy Boineau, OTR, MOT, BCPR, CHT

Lara Lee, OTR

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This entry level course seeks to assist the OT with the challenge of bridging the gap between the commonly used medical models in hand and upper extremity rehabilitation, and the holistic occupation based treatment models which are the foundation of our profession and used in many other OT settings.

306 – Sunday 8:00 AM – 9:45 AM Don't Skip a Beat: Creative & Competent Rehabilitation of the Cardiac Client

Dr. Emily Frank, OTD, MS, OTR

Dr. Germaine Ferreira PT, DPT, MSPT

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This course will focus on the role of OT with the cardiac patient. Topics include interpreting ECG monitors, appropriate physiological responses to activity, safe and effective interdisciplinary treatment planning, clinical reasoning, and the creative incorporation of technology into therapy.

307 – Sunday 10:00 AM – 12:00 PM Concussion Evaluations and Treatments Strategies for the Occupational Therapist

Emilie Klingman, OTR, MOT

Course Level: Intermediate

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This intermediate level short course will address current practice trends in OT concussion evaluations and treatment strategies via hands-on labs and discussion. It is recommended that attendees possess basic knowledge or attend the entry level course by this author before attending this course.

308 – Sunday 10:00 AM – 12:00 PM Changing "Sickcare" Back Into Healthcare with Functional Medicine

Laurn Lax, OTR, PhD

Course Level: Intermediate

Category: Health and Wellness

Course Length: 1.75

We are in the worst epidemics of all human history. Today, more than 60% of all Americans have a chronic disease that is lifestyle induced. The answer? Functional Medicine paradigm shift in healthcare and frame of reference that every healthcare provider can benefit from in clinical practice.

309 – Sunday 10:00 AM – 12:00 PM Fun & Easy Ways to Adapt Clothing for Children and Teens with Special Needs

Lynette Ingram, OTR/L, SWAL, CLE

Course Level: Entry Level

Category: Children and Youth

Course Length: 1.75

The purpose of this hands-on presentation is to demonstrate no sew/low sew methods to adapt commercially available clothing for special needs children & review readily available no-tie lacing options. The course will also review adaptive clothing resources which continue to improve.

NOTE: Longer sessions will overlap other sessions. Please note session times!

EDUCATIONAL SESSIONS

310 – Sunday 10:00 AM – 12:00 PM It's KNOT Simple!

Leonard Sobel, OTR, MOT

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

A series of practical knots and hitches will be taught to provide a clinically appropriate tool-kit for OT practitioners, to promote return of function for individuals with cognitive, neurological, and orthopedic deficits.

311 – Sunday 10:00 PM – 12:00 PM The Creative and Effective Art of Treating Elbow Injuries

Laurie M. Reddy, OTR, CHT

Rajeshree Jaiswal, OTR, MSOT, CHT

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

Elbow stiffness is one of the most disabling complications after a traumatic injury. Early mobilization is the essential component in helping to regain full mobility. Creative treatment ideas will be discussed in order to facilitate pain free ROM with both pediatric and adult populations.

312 – Sunday 10:00 AM – 12:00 PM ICU and Early Mobilization: Promoting Independence through OT/PT Collaboration

Rachelle Elliott, OTR, MOT

Darin Chilcote, PT, DPT

Course Level: Intermediate

Category: Rehabilitation Disability and Participation

Course Length: 1.75

OT/PT play a pivotal role in promoting improved function, mobility, and quality of life for critically ill patients. We will review the role of therapy in the ICU setting; common diagnoses; contraindications; precautions; equipment; treatment activities using the Allied Health Model of practice.

313 – Sunday 1:00 PM – 3:00 PM

Color Coded Team Building

Mary Frances Baxter, PhD, OT, FAOTA

Sophie Rydin, PhD, OTR

Course Level: Entry Level

Category: Health and Wellness

Course Length: 1.75

Teamwork and collaboration skills are essential to sustain and advance our profession in an increasingly competitive healthcare environment. This seminar offers creative color coded techniques for team building with interactive and collaborative group exercises for practice and volunteer service.

314 – Sunday 1:00 PM – 3:00 PM

Course Title: Table Manners,

How to Build an Ethical,

Collaborative Feeding Team

Jennifer S Meyer, MA CCC-SLP

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This course will provide guidelines for inter- and intra-professional behavior in supporting a team-based approach to assessing and treating Dysphagia. Emphasis will be on balancing the best interests of the client with the ethical, legal and professional concerns of the practitioner.

315 – Sunday 1:00 PM – 3:00 PM Using the OTPF 3rd Ed. to Initiate True Top-Down Evaluation & Intervention

Ricky Joseph, Ph.D., OTR

Course Level: Intermediate

Category: Rehabilitation Disability and Participation

Course Length: 1.75

This workshop operationalizes the clinical reasoning process in OT and helps the OT practitioners apply the OTPF 3rd edition and a true Top-Down approach to address occupation-based clinical reasoning across multiple diagnoses.

316 – Sunday 1:00 PM – 3:00 PM

Creative Stress Solutions

Tanya Penny, OTR,

Health & Life Coach

Course Level: Entry Level

Category: Health and Wellness

Course Length: 1.75

Explore your stress signs and symptoms. Discover the root causes of stress. Learn simple, but powerful tools to release mental, physical, and emotional stress from your body and mind, plus actions to dissolve your stressors.

317 – Sunday 1:00 PM – 3:00 PM

Lymphedema: Treatment and

Management for Improved

Occupational Performance

Shalene Call Canning,

COTA, CBIS, CLT-ALM

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

Course Length: 1.75

The aim of this presentation is to highlight the diagnosis, treatment and management of lymphedema while simultaneously exploring the impact of science, creativity, and compassion on occupational performance, psychosocial concerns, and quality of life within lymphedema population.

318 – Sunday 1:00 PM – 3:00 PM

Using Science, Creativity, and

Compassion to Assess Cancer

Related-Fatigue

O Jayne Bowman, Ph.D, OT

Course Level: Intermediate

Category: Rehabilitation Disability and Participation

Course Length: 1.75

Normal and pathological fatigue will be defined; two scientifically developed assessments that evaluate cancer-related fatigue (CRF) will be presented. Guidelines to evaluate CRF will be presented. Ways to incorporate creativity and compassion when evaluating CRF will be addressed.

FRIDAY Nov. 1

NOTE: Longer sessions will overlap other sessions. Please note session times!

COURSE SCHEDULE

Time	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6	Track 7
8:00 AM-9:45 AM	101 Adult Group Behavioral Health Intervention: An Interactive Workshop 7 hours	102 Industrial OT: Thinking Adapting Fit for Duty Programs in All Facilities 7 hours	103 Handwriting and MTSS. Embed. Collaborate. Measure. Graduate! 1 hour 45 min	104 Hippotherapy vs. Therapeutic Riding: Do You Know Where to Refer? 3 hours 45 min	105 PDPM is Here, Now What? Transitioning to the New Patient Driven Payment Model 3 hours 45 min	106 Metaphors, Meaning, and Mindfulness: Tools of the Psychosocial OT 1 hour 45 min	107 Research Forum 3 hours 45 min
9:45 AM-10:00 AM	BREAK						
10:00 AM-12:00 PM	↓	↓	108 OT Math: AT + OT= Participation 1 hour 45 min		↓		↓
12:00 PM-1:00 PM	LUNCH IN EXHIBIT HALL						
1:00 PM-3:00 PM	↓	↓	110 Choose Wisely! Ethical Practice in Challenging Times 1 hour 45 min	111 Power Mobility: Using Science, Creativity, and Compassion Increase Occupation 1 hour 45 min	112 Let's Talk About the NBCOT National Certification Exam! 1 hour 45 min	113 Mental & Behavioral Assessments Published Since 2010 1 hour 45 min	114 Legislative Update 1 hour 45 min
3:00 PM-4:00 PM	REFRESHMENT BREAK IN THE EXHIBIT HALL						
4:00 PM-6:00 PM	↓	↓	115 In The Thick of It - Thickening in Dysphagia 1 hour 45 min	116 School Practice; Where Science, Creativity and Compassion Converge 1 hour 45 min	117 PDPM Creative Service Delivery Using Group/ Concurrent Treatment: Are You Ready? 1 hour 45 min	118 Preventative Care and Pain Management Techniques for Osteoarthritis (OA) 1 hour 45 min	119 Implementing the LEE Model to Facilitate Clinical Competency for OTs 1 hour 45 min

109
Poster Session 1
12:00 PM -4:00 PM

Presenters will staff their posters from 3:00-4:00 pm

SATURDAY Nov. 2

NOTE: Longer sessions will overlap other sessions. Please note session times!

COURSE SCHEDULE

Time	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6	Track 7	
8:00 AM-9:45 AM	201 The Role of Occupational Therapy in Promoting Social Competence in Children 1 hour 45 min	202 The New Age of Cardiac Rehab: OTs Role in Pediatric Heart Conditions 1 hour 45 min	203 Addressing Fieldwork Challenges with Creative and Collaborative Solutions 1 hour 45 min	204 Back to the Future: Health Coaching as an Emerging Enablement Skill 1 hour 45 min	205 The Role of Occupational Therapy in Cancer Survivorship and Pain Management 1 hour 45 min	206 OT's Role in Transition to Adulthood for Those with Autism & Other Disabilities 1 hour 45 min	8:30-9:30 TOTF Board Meeting	
9:45 AM-10:00 AM	BREAK							
10:00 AM-11:00 AM	208 ANNUAL BUSINESS MEETING							
11:00 AM-12:00 PM	209 KEY NOTE ADDRESS							
12:00 PM-1:00 PM	LUNCH IN EXHIBIT HALL							210 Poster Session 2 12:00 PM -4:00 PM
1:00 PM-3:00 PM	211 Compassionate treatment approaches that engage and satisfy women in recovery 1 hour 45 min	212 Telehealth Service Delivery in Schools; Where Science and Creativity Intersect 1 hour 45 min	213 Occupational Therapy in China 1 hour 45 min	214 Share the Road: A Journey of Collaboration 1 hour 45 min	215 Treatment for Cumulative Trauma Disorders Using a Person-Centered Approach 1 hour 45 min	216 Alleviating Loneliness During Transition Into Long-Term Care: What Can OT Do? 1 hour 45 min	217 Through the Eyes of Individuals with Low Vision 1 hour 45 min	
3:00 PM-4:00 PM	REFRESHMENT BREAK IN THE EXHIBIT HALL							Presenters will staff their posters from 3:00-4:00 pm
4:00 PM-6:00 PM	218 TOTF Wisdom and Wine (\$40 extra fee) 1 hour 45 min	219 The Quality Indicators in School OT Practice: Application and Recommendations 1 hour 45 min	220 NBCOT: An Update on OT National Certification 1 hour 45 min	221 Prosthetic Options and Therapy Interventions for Partial Hand Limb Loss 1 hour 45 min	222 The Art of Sexuality and Disability 1 hour 45 min	223 Occupational Therapy's Impact on Dying Well 1 hour 45 min	224 OTA Forum 1 hour 45 min	

SUNDAY Nov. 3

NOTE: Longer sessions will overlap other sessions. Please note session times!

COURSE SCHEDULE

Time	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6
8:00 AM-9:45 AM	301 The Role of Occupational Therapy in Concussion Management 1 hour 45 min	302 Levels of Instructional Assistance with Clients 1 hour 45 min	303 Compensatory Strategies for a New Mother Post Stroke 1 hour 45 min	304 Opening a Window of Possibilities with Chrome Tools 1 hour 45 min	305 Promoting Occupational Performance in Hand Therapy 1 hour 45 min	306 Don't Skip a Beat: Creative & Competent Rehabilitation of the Cardiac Client 1 hour 45 min
9:45 AM-10:00 AM	BREAK					
10:00 AM-12:00 PM	307 The Role of Occupational Therapy in Concussion Management Evaluations and Treatments Strategies for the Occupational Therapist 1 hour 45 min	308 Changing "Sickcare" Back into Healthcare with Functional Medicine 1 hour 45 min	309 Fun & Easy Ways to Adapt Clothing for Children and Teens with Special Needs 1 hour 45 min	310 It's KNOT Simple! 1 hour 45 min	311 The Creative and Effective Art of Treating Elbow Injuries 1 hour 45 min	312 ICU and Early Mobilization: Promoting Independence through OT/PT Collaboration 1 hour 45 min
12:00 PM-1:00 PM	LUNCH ON YOUR OWN					
1:00 PM - 3:00 PM	313 Color Coded Team Building 1 hour 45 min	314 Table Manners; How to Build an Ethical, Collaborative Feeding Team 1 hour 45 min	315 Using the OTPF 3rd Ed. to Initiate True Top-Down Evaluation & Intervention 1 hour 45 min	316 Creative Stress Solutions 1 hour 45 min	317 Lymphedema: Treatment and Management for Improved Occupational Performance 1 hour 45 min	318 Using Science, Creativity, and Compassion to Assess Cancer Related-Fatigue 1 hour 45 min
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