

2020:

*keeping our sights  
on occupation*

TOTA

REVISTA OT  
CONFERENCE GUIDE





Revista OT 2020 Annual Conference

**REGISTRATION IS  
NOW OPEN:** [CLICK HERE](#)

**Limited seats are  
available, register early!**

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*Robin V. Clearman,  
OTR, CLT,  
TOTA President*

I pray this finds you well considering that 2020 has been one crazy year.

Reflecting back over the year so far, we have all been involved in making difficult decisions that affected lives. Just a few months ago, we were discussing whether our therapy clinics should close or remain open to provide the rehabilitation prescribed to hundreds of children and adults. Are we essential? Is what we do worth risking infection? As I write this article, many are now asking questions about the return to school and what is best for our children, students, teachers, therapists, and families.

The way we work and the way we live—it has all been affected.

Similarly, your TOTA board has encountered tough decisions related to TOTA affairs and the 2020 annual conference. For many of these “go” or “no go” decisions, we continually gathered information so we could stay knowledgeable of the daily changes. The TOTA board has done the best they can to make informed decisions, just as we all do to remain aware of current information, including the decision to transition to a virtual conference for 2020.

I hope you join us at this year’s conference and participate in the numerous special events and educational opportunities that it will offer. Please also join me in showing appreciation for all the work involved in organizing this unique and special TOTA Annual Conference.

God Bless Texas, and God Bless TOTA.

TOTA is excited to announce the 2020 Annual conference will take place virtually November 13-15.

Our cost-effective price structure is designed to help members meet their professional development, and education requirements.

**REGISTRATION IS NOW OPEN**

# FROM THE EXECUTIVE DIRECTOR



Judith Joseph, OTR,  
MA, CDRS, TOTA  
Executive Director

## **"Different isn't always better, but better is always different." Steven Covey**

This quote was used by Elin Schold Davis during the Association for Driver Rehabilitation Specialist Virtual Conference in July. I thought it was appropriate for what we were facing with transitioning to our first virtual conference. Many factors went into the decision to move from a live conference to a virtual format. The primary factor was keeping everyone safe. We contacted OT and OTA program chairs to learn their plans for fall classes and find out if they considered attending the conference this fall. Many reported travel restrictions and expressed fears of safety for themselves and their students, as well as general uncertainty. We also conducted a survey in which over 200 of you responded. Sixty-eight percent stated they would not attend an in-person event. After reviewing the liability and the risks for TOTA employees and conference attendees of contracting the coronavirus, our decision was made.

We all face enormous challenges affecting almost every aspect of our lives. Routines have been disrupted and adjusting to virtual technology is a necessity. The coronavirus has shut us in our homes and separated us from loved ones, friends, and colleagues. As I write this article, I am aware that some of us may have contracted the virus and/or lost someone we love. To those of you working directly with COVID patients in ICU, acute care, rehab, SNF, home health, and in outpatient facilities, thank you seems so inadequate for the risk you are taking, but thank you.

I would like to bring attention to our members who work in academia and our student members. Many of you described the amount of stress you were under with transitioning from live classrooms to virtual settings within days or weeks if you were lucky. Fieldwork placements were canceled, graduations delayed, and some students were literally stranded in locations away from home. We were successful in making a few connections between program chairs and practitioners in the community who were willing to accept fieldwork students after their original placements were canceled. There is still a great need for fieldwork placements and we encourage everyone who is can accept fieldwork students to connect with OT and OTA programs in your area and establish a relationship.

Another group I want to draw attention to is school-based practitioners. The news media and legislators are focused primarily on the safety of teachers and students, with little or no mention of the OT, PT, and speech therapy practitioners who provide services to children with special needs who are high risk. TOTA established a school-based practitioner focus group that provides useful information for this area of practice. Someone said, "We are in the same storm but not the same boat." I encourage you to review the resources appropriate for your area of practice on our website.

The virtual conference platform we are using will allow you to easily connect with one another and find a time to meet and or chat within the system. There will also be opportunities to connect with exhibitors, see products, chat, and even set up interviews if they are hiring.

Again, we recognize the pandemic has created multiple challenges for all of us. One of the tenets of our mission is to be responsive to the professional development, information needs, and educational requirements of members. The conference is just one avenue for us to address our mission. To meet our goal of serving the membership, we created a simple cost-effective price structure with no late registration fees. We hope you will join us for the 2020 TOTA Annual Conference and connect with your fellow Texas-based practitioners and students.

*Revista OT* is posted online three times a year by the Texas Occupational Therapy Association, Inc., 1106 Clayton Lane, Suite 516W, Austin, TX 78723.

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### **Legal Advisor**

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Click Here  
to Register Now >

# REGISTRATION

## SIMPLE REGISTRATION FEES

We recognize that the pandemic has created multiple challenges for all of us. One of the tenants of our mission is to be responsive to the professional development, information needs, and educational requirements of its members. The conference is just one avenue for us to address our mission. To meet our goal of serving the membership we have created a cost-effective price structure.

### 2020 TOTA ANNUAL CONFERENCE REGISTRATION FEES

#### Full Conference Fees

<b>TOTA Practitioner Member</b>	Full Conference
<b>Non-Member Practitioner</b>	Full Conference
<b>TOTA Student Member</b>	Full Conference
<b>Non-Member Student</b>	Full Conference

\$99.00
\$149.00
\$49.00
\$79.00

### Registration

Register online at [www.tota.org](http://www.tota.org) by November 11, 2020, 5:00 PM t to attend the virtual 2020 TOTA Annual Conference.

### Virtual Exhibit Hall Hours

Friday, November 13	11:30 AM – 4:00 PM
Saturday, November 14	11:00 AM – 4:00 PM

### Cancellation Policy and Transfer of Registration [PLEASE READ]

**Cancellations must be received in writing to [membership@tota.org](mailto:membership@tota.org) by October 20, 2020.** Cancellations received **before** the deadline are eligible to receive a full refund of registration fees, **less a 10% administrative fee.** Cancellations received **after** the stated deadline will not be eligible for a refund. Refunds will not be available for registrants who are “no shows.”

Your registration **can be transferred** to another individual, provided that the replacement **meets the same registration fee criteria.** If an additional fee structure applies to the substitute registrant, all additional fees must be paid at the time the substitution is made. **Partial refunds will not be granted.** The substitute **must** have a letter from the original registrant to present at the registration desk. **No transfers will be made without written notice.**

### Continuing Education Credit

TOTA will provide an attendance reporting form for all webinars/sessions which have been approved for credit. One hour of credit will be awarded for each hour of class attended. **REGISTRATION PACKETS CAN BE DOWNLOADED HERE.**

### Tri-Alliance Members, Health Care

Professionals and Out-of-State OTs / OTAs Registration will be at the TOTA member rate with **proof of current professional state association membership.**

**LIMITED SEATS  
ARE AVAILABLE  
REGISTER TODAY!!**

Only 500 seats are available for attendees  
at our virtual 2020 TOTA Annual Conference.

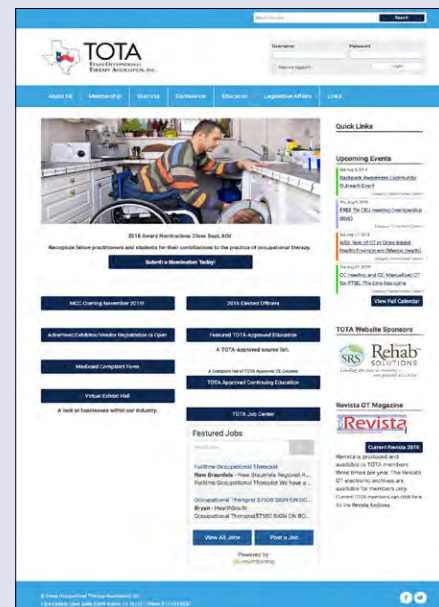
## What Does Conference Registration Include?

- **Access to over 50 CEU hours**
- **Courses of your choice**  
Most sessions will be presented live and recorded for later viewing  
Pre-recorded sessions can be viewed at anytime once the conference starts
- **Full access** to the Virtual Exhibit Hall, product demos, live meetings.
- **Networking opportunity** within the virtual platform and app

Visit the TOTA website at:  
[www.tota.org](http://www.tota.org)

**REGISTER BY  
November 11, 2020.**

**Registered attendees  
will have access to the  
recorded session through  
December 31, 2020.**





# DOCTOR OF OCCUPATIONAL THERAPY (OTD)

## A post-professional degree plan offering Bachelor's-to-OTD and Master's-to-OTD options

The program enables practicing OTs to complete a course of study that will prepare them to assume leadership roles, management positions, and/or to serve as clinical faculty.

The program is primarily online with two visits to the Galveston, Texas, campus for on-site learning; it can be completed in six to seven semesters while maintaining active clinical practice.

For more information please contact us by email at [ppotd.admission@utmb.edu](mailto:ppotd.admission@utmb.edu) or call (409) 772-3060



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[KidsCareHomeHealth.com](http://KidsCareHomeHealth.com)



## TOTA Career Center Connecting Talent with Opportunity

Job Seekers, are you ready for the next stage in your career? Do you need resources to help?

Employers, do you need to post a job?

**CHECK OUT TOTA'S  
CAREER CENTER TODAY!**

# 2020 TOTA ANNUAL CONFERENCE- KEEPING OUR SIGHTS ON OCCUPATION



*Evie Harness, OTR,  
TOTA State  
Conference Chair*

At the 2019 TOTA Annual Conference, we were excited to invite you to a new venue for our 2020 annual conference, the Embassy Suites by Hilton Denton Convention Center. We looked forward to evaluating this location as a potential rotation option for our conferences and also for offsite presentations at the neighboring Texas Woman's University Campus in Denton.

At the end of February, the conference committee was deep into planning and organizing the preliminary details for this event. Then, a few short weeks later, the world unexpectedly came to a screeching halt due to a virus called Covid-19.

As Texas began to open again in the spring, we cautiously began planning for a scaled-down version of our annual conference in Denton: a semi-hybrid conference offering primarily live presentations with some virtual presentations while adhering to current directives for safety and social distancing. Unfortunately, as virus counts surged, the conference committee and the TOTA board agreed that, in the interest of member safety, we, like many other professional organizations, needed to convert the 2020 Annual Conference to a completely virtual event.

A saving grace is that we are members of a profession that

thrives on adversity and steps up to the challenge to adapt as needed. Our incredible TOTA office personnel, Judi Joseph, Heather Logan, and Kami Lusson, have worked tirelessly on negotiations with the hotel, reviewing and testing multiple virtual platforms for conference events, and redesigning events that have, to date, been live to a virtual format. Jean Polichino, our program chair, never missed a beat as she worked with speakers and adapted selected presentations to fit the new format.

We are so grateful to our wonderful presenters who not only submitted presentations amidst a raging pandemic, but also graciously and without hesitation accepted the challenge of becoming virtual presenters. This conference is not possible without your dedication to the profession. We are also eternally grateful to our exhibitors who stepped up to participate in the new world of a virtual exhibit hall.

While we, the conference committee, are operating in new territory this year, we are optimistic that this year's virtual event will still provide you with the high quality educational programming you are accustomed to, allow us to celebrate and honor our deserving award recipients, enable you to visit with exhibitors, and to learn and be motivated by our esteemed key note speaker Wendy Hildenbrand, all from the comfort of your home.

While we hope that in 2021 we will be back together in person, we look forward this year to your participation in this new endeavor.

## 2020 Conference Committee

**Overall Coordinator/  
Executive Director**  
– Judi Joseph

**Marketing, Registration,  
Conference App**  
– Heather Logan

**Exhibits**  
– Kami Lusson

**Program Chair**  
– Jean Polichino

**Hospitality Chair/ Volunteer  
Coordinator**  
– Brittany Burton

**Awards**  
– Elizabeth Holland

**Student Events**  
– Jennifer Sanchez – Morales

**Student Registration**  
– Terri Powers

**Tech Support**  
– Eileen Garza

**TOTF Research Forum, Research  
Posters, TOTF CE Event**  
– Francie Baxter

**State Conference Chair**  
– Evie Harness





# TOTA THANKS OUR 2020 VIRTUAL CONFERENCE EXHIBITORS AND SPONSORS

## SPONSORS



UNIVERSITY OF ST. AUGUSTINE  
FOR HEALTH SCIENCES

## VIRTUAL EXHIBITORS



**BOOTH REGISTRATION IS STILL OPEN**  
[CLICK HERE TO RESERVE YOUR SPACE>](#)

List current at time of publishing

# SPECIAL EVENTS

## FRIDAY, NOVEMBER 13



**FRIDAY – 6:30 – 7:30 PM**  
**TOTA Virtual OT/OTA**  
**Student “Toolkit” Social Hour**  
**Jennifer Sanchez-Morales,**  
**TOTA OT Student Representative**

OT and OTA students - join us for an opportunity to network and connect with other OT/OTA students, and to provide resources and survival tips for your

“toolkit” from recent student graduates at a happy hour.

## SATURDAY, NOVEMBER 14

**SATURDAY – 8:00 AM – 4:00 PM**

**Poster Presentation**

Poster sessions are pre-recorded.



**THIS COULD  
BE YOU!**

*Charis Criddle was the door prize winner of a conference registration at the 2019 Business Meeting.*

**ONE LUCKY TOTA BUSINESS MEETING ATTENDEE  
WILL BE THE RECIPIENT OF A COMPLIMENTARY  
CONFERENCE REGISTRATION FOR 2021!  
WINNER MUST BE PRESENT TO WIN, NOT TRANSFERABLE.**

**SATURDAY – 10:00 AM -11:00 AM**

**TOTA Business Meeting**

**AGENDA**

- Welcoming Remarks
- Introduction of Board Members
  - State Board Members
  - District Chairs and Boards
  - 2020 TOTA Annual Conference Committee
- Quorum consists of the number of voting persons present at this meeting
- Adoption of Rules of the Day
- Adoption of the Agenda
- Adoption of 2019 Minutes
- Appointment of 2020 Minutes Review Committee

- Verbal Highlights of the following Reports
  - President
  - Treasurer
  - Executive Director
- New Business (Any items of business arising from the floor shall be referred to the Board for action.)
- Report of Nominating Committee for 2020 election and Call for 2021 Candidates
- Swearing in of New Officers
- Annual Awards Announcement
- Drawing Winners and Closing Comments
- Adjournment of Annual Business Meeting

**SATURDAY – 10:00 AM – 12:00 PM**

**Keynote Speaker**

**Wendy C. Hildenbrand, PhD, MPH, OTR/L, FAOTA**

Wendy Hildenbrand is President of AOTA and a Clinical Assistant Professor in the Occupational Therapy Education Department at the University of Kansas Medical Center. She earned a Bachelor of Science in Occupational Therapy in 1989, a Master of Public Health in 2002, and a Doctor of Philosophy in Public Administration in 2016—all from the University of Kansas.



Hildenbrand's practice experience includes work in mental health settings for more than a decade, school-based practice, and population and community health contexts. Her professional expertise includes leadership development, professional formation, policy development and implementation, advocacy, public health, and building bridges between policy and practice. Her most recent research examines the experience of role conflict in frontline occupational therapy professionals when implementing policies (such as productivity requirements) and working to maintain professional values (such as client-centered care). She identifies her most rewarding academic-community partnership as her 14-year commitment as co-director and faculty advisor for the Community Health Project, a community-based and interprofessional experience designed to enhance the educational and future practice experience of health professions students by immersing them in a public health or social service settings.



# SPECIAL EVENTS

Before her presidency, Hildenbrand most recently served AOTA as a Director of the Board of Directors, with earlier appointments to the Presidential Ad Hoc Committee on Health Care Reform and Presidential Ad Hoc Committee on Prevention and Wellness. Hildenbrand served as the Speaker of AOTA's Representative Assembly as well as the Kansas Representative to the Representative Assembly, and she served as Vice-Chair of AOTA's Committee of State Association Presidents Steering Committee. In 2005, Hildenbrand was selected to join the AOTA Roster of Fellows, specifically in recognition of her responsive leadership and promotion of the profession.

Outside of AOTA, she is an active member and leader within the Kansas Occupational Therapy Association (KOTA) as evidenced by her leadership as President of KOTA for 5 years and additional elected and appointed volunteer positions over time. She was awarded the Volunteer of the Year award and the Occupational Therapist of the Year award by the Kansas Occupational Therapy Association.

**SATURDAY – 4:00 PM – 6:00 PM**

## **TOTF Wisdom**

**Mary M. Evert, MBA, OTR/L, FAOTA, ScD (hon)  
and Wendy Hildenbrand, PhD, MPH, OTR/L, FAOTA**

**NOTE: \$20 extra fee**



Mary M. Evert has had a fifty-three year legacy of leadership at all levels in the profession and in civic governments. After graduating from St. Catherine University in 1967, she took her first job at Rancho Los Amigos Hospital in Los Angeles, getting a broad exposure to post-polio conditions and also to working with post-op research

of arthritic hand joint replacement with team members. She was recruited to join the leadership team at Sharp Rehab Center in 1970 and since then San Diego became her off and on again home. As a Navy wife she had various moves with her family and received her MBA in Health Care Administration at National University in 1980. Her longest stay outside of San Diego was in Virginia and Washington DC from 1986-1997 where she was in the Reagan Administration and then became AOTA President 1991-95. She has critically influenced strategic changes within many individuals and in numerous agencies and organizations

nationally, in California and internationally. Mary held three distinguished Federal Senior Executive Service positions in the Reagan Administration including Deputy Assistant Secretary of Health and head of the Office of Community Services Agency. Her executive AOTA leadership positions include President, Vice President, Speaker, World Federation U.S. Delegate and RA Representative. She was a visiting part time adjunct associate professor in the 1990's at Washington University School of Medicine OT Department. In California she was OTAC President and Treasurer, President of the California Board of Occupational Therapy, Vice President of the California Hospital District Association, and chaired the Palomar Pomerado Hospital District Board. Within the World Federation she consulted with numerous countries' national OT association boards on change management and on gaining entry into WFOT. She consults on strategic planning and speaks on health policy, disaster management, and organizational/individual change management issues to professional and civic groups at international, national, state and local levels. Her leadership in the profession has been recognized by the AOTA Award of Merit, Service Awards, and FAOTA; the OTAC Lifetime Achievement Award and the Mary Evert Service Award; and two university Honorary Doctorate degrees. In the last seven years she has advocated for a strong presence of OTs in all areas of disaster/emergency/epidemic prevention and recovery, and also has helped to build San Diego's strength in coaching the elderly and their support groups on how to successfully live with meaning for families and their person with cognitive decline. She is currently the Vice President of the ElderHelp Foundation whose goal is to aid elders with the resources to stay in their homes safely. She is also on the Board of the Canadian Occupational Therapy Foundation where her focus is on the pandemic's challenges that can encourage transformative advancement for the roles of OT during a time of great change with ways to advocate for public health, wellness, resilience, and social justice within our societies. Mary has a lifelong and expanding team of mentors, supporters and family members which she has been blessed with since high school. She is so grateful for them all as they are the reasons for her successful career!

**SATURDAY – 6:15 PM – 7:00 PM**

## **TOTA 2019 Awards Ceremony**

Grab your dinner and Join us for a virtual awards ceremony Saturday evening starting at 6:30 PM.

See page 17 for our 2020 Award Committee and Nominees!

**JOIN US AS WE RECOGNIZE EXCELLENCE**

*Presenting Our Nominees*



*Francie Baxter, PhD,  
OT, FAOTA  
President TOTF*

## TEXAS OCCUPATIONAL THERAPY FOUNDATION

**By Francie Baxter, PhD, OT, FAOTA – President TOTF**

**G**reetings from the Texas Occupational Therapy Foundation (TOTF).

Despite the many changes and challenges impacting our lives since the conference in 2019, TOTF has focused on expanding our activities related to the scope and mission of the organization. The general research grant, a primary focus of our work, has been updated and we are pleased to announce the grant funding limit has been increased to \$5,000. We continue to solicit grant applications that will build the evidence for occupational therapy in Texas. In addition, a smaller grant process has been developed to support items used for research or program development projects addressing occupational therapy practice including equipment, consultation fees, printing, postage, communications, and supplies. Follow the TOTF link on the TOTA website to access the Foundation Grant Application.

At last year's conference, TOTF hosted our first Wisdom and Wine event with past president of the American Occupational Therapy Association (AOTA), strong mental health advocate, and scholar Virginia "Ginny" Stoffel, PhD, OT, BCMH, FAOTA. Ginny shared her experiences as an AOTA president, a World Federation of Occupational Therapists (WFOT) liaison, and an advocate with mental health organizations including the Substance Abuse and Mental Health Services Administration (SAMHSA). She challenged us with an evocative and provocative lecture and

dialogue about creativity, mental health, and life balance.

For this year's conference, Mary M. Evert, ScD (Hon.), MBA, OTR/L, FAOTA is our invited speaker and will challenge our reflections on life situations, practice, and world perspective. Access to this TOTF special session is provided with a minimum donation of \$20 to TOTF with annual conference registration and will be held virtually on Saturday, November 14, from 4-6 PM. In addition, TOTF will moderate the Research Forum, where beginning and seasoned researchers present their scholarly work or results of ongoing work to support evidence for OT practice. This year promises to be a diverse and thought-provoking session with five presentations beginning at 8 am on Friday, November 13.

We want to give special thanks to the TOTA Board for its long-standing support of TOTF. In collaboration with TOTA, TOTF was founded to promote scholarship events at TOTA conferences. For many years, TOTF has enhanced the annual conference through sponsorship of events including Breakfast with a Scholar, the Research Forum, and most recently, Wisdom and Wine. We look forward to future collaborative endeavors with TOTA.

This coming year, the TOTF board, in keeping with our mission and vision, are planning endeavors to enhance board effectiveness, volunteer and leadership development, collaboration and outreach, and fiscal effectiveness. We hope to broaden our ability to carry out our commitment to and support of

occupational therapy research. Stay tuned for more details in the coming months.

As we move forward, TOTF needs more "people power," resources, and collaborative opportunities to advance occupational therapy research, promote the value of occupational therapy to the public, and connect with community organizations and programs. We invite you to get involved and share your passion, knowledge, and expertise. If you have interest or skills in non-profit organizations, planning events, marketing, fundraising, social media, research grant reviews, finance, or building collaborations, we could use you. Please contact Francie Baxter at [mbaxter@twu.edu](mailto:mbaxter@twu.edu) if you are interested in joining TOTF's commitment to support occupational therapy research and promote the profession.

### JOIN US FOR A SPECIAL SESSION AT THE VIRTUAL TOTA ANNUAL CONFERENCE

**Saturday, November 14  
4:00 – 6:00 PM**

with Mary M. Evert, ScD (Hon.), MBA, OTR/L, FAOTA is our invited speaker and will challenge our reflections on life situations, practice, and world perspective. \$20 extra fee.



# POSTER PRESENTATIONS

107 FRIDAY NOV. 13

Poster sessions are pre-recorded.

## **Use of the Strengths-Based Paradigm in ABA Therapy for Autism Intervention**

Sharon Eva, OTR, MS

Course Level: Intermediate

Category: Children and Youth

Occupational therapists have begun to study the effects of changing the paradigm of Autism treatment to a strength-based approach, with support across disciplines. This study analyzed the effectiveness of such an approach to ABA treatment, using the child's special interest to drive intervention.

## **Burnout Carry-over from Graduate Student to Healthcare Professional**

Lillie Thomas, OTR, MOT

Course Level: Entry Level

Category: Education

The research looks at the potential carry-over of burnout from student to professional in the healthcare field. A survey of new professionals, three years or less, offer insight into the effects of burnout carry-over from graduate student to working professional.

## **Addressing Language Barriers and Bridging the Gap in Patient-Centered Care**

Judy Chu

Contributing authors:

James Matthew Geddie, PhD, OTR

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

This presentation will address language barriers in occupational therapy practice and ways to mitigate effects to promote occupation-based and patient-centered care.

108 FRIDAY NOV. 13

Poster sessions are pre-recorded.

## **Aid and Comfort for the Caregiver and the Patient During Assisted Brushing**

Jane Gonzalez, BS M.Ed MTT

Contributing authors:

George C. Collis, PhD

Course Level: Intermediate

Category: Health and Wellness

Occupational therapists have many roles and responsibilities including helping to improve or restore personal hygiene/grooming. An important aspect in dental care is the psychological effect assisted brushing has on the care giver as well as the patient.

## **Most Frequently Published Literature by Diagnoses 2010-2019 Poster**

Kathlyn L Reed,

PhD, OTR, FAOTA, MLIS

Course Level: Entry Level

Category: Research

Identify most frequently published literature on occupational therapy by diagnoses (disorders, conditions) in 14 categories and compare rankings with previous ranking.

## **Occupation-Based Approaches Used By Hand Therapists**

Donna Walls, OTD, OTR, CHT

Rehabilitation Disability and Participation Entry Level

Survey results of occupation-based theories, assessments, and interventions used by hand therapists. Occupational therapists specializing in hand therapy participated in an online survey to identify the current trends for patient care.

207 SATURDAY, NOV. 14

Poster sessions are pre-recorded.

## **Occupational Therapy's Role in the Prevention of Occupational Deprivation**

DeJuanna Bogar, OTS

Cynthia Tiongo, OTR, MOT

Course Level: Entry Level

Category: Health and Wellness

This presentation seeks to inform attendees about the effects of occupational deprivation on health & wellness. Evidence-based strategies for how the occupational therapy profession can address occupational deprivation will be provided.

## **It's KNOT Simple.2**

Leonard Sobel, OTR, MOT

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

A series of practical knots and hitches will be taught to provide a clinically appropriate tool-kit for OT practitioners, to promote return of function for individuals with cognitive, neurological, and orthopedic deficits.

## **Exploring Intimacy Struggles of an ALS Diagnosed Individual and their Spouse**

Meriah Pena, OTS

Roel Garcia, OTR, OTD

Course Level: Entry Level

Category: Rehabilitation Disability and Participation

This presentation provides insight into the physical and emotional intimacy struggles in a marriage when a partner is diagnosed with ALS so occupational therapists working can acknowledge these sexual desires to ensure a better quality of life.

# POSTER PRESENTATIONS

208 SATURDAY, NOV. 14

Poster sessions are pre-recorded.

## **Improved Hand Function in Children with CP with Repeat Doses of Augmented P-CIMT**

**Arianne Joy Alfonso, CHES**

**Course Level: Intermediate**

**Category: Children and Youth**

Children with unilateral cerebral palsy participating in repeat doses of pediatric constraint-induced movement therapy camp augmented with the Hocoma Armeo®Spring demonstrated significant improvements in hand function for both doses and showed a generalized upward trend in hand function over time.

## **Predictive Value of GRE Scores and 1st Time Pass Rate on the NBCOT Exam**

**Michael Bradley, OTR, PhD**

**Course Level: Entry Level**

**Category: Education**

This presentation provides occupational therapy practitioners working in the academic setting an overview of the admissions process utilized by an OT program and the importance of criteria for admissions primarily the Verbal Reasoning section of the GRE.

## **Confident & Creative Mentoring: Finding Your Voice Supporting OT Professionals**

**Terri Grundy, OTR, MOT**

**Katie Toon, OTR, MOT, CLT**

**Course Level: Entry Level**

**Category: Education**

Mentoring as an occupational therapy professional (OTP) can be demonstrated in many different ways, creatively intersecting our current roles and relationships. By assessing and sharpening our competencies, we can begin to find our unique voice in teaching and supporting our colleagues and students.

## **Promoting Autonomy in Health Maintenance for Deaf Individuals**

**Karla Aviles, OTS**

**John Luna, OTD, OTR**

**Course Level: Entry Level**

**Category: Rehabilitation**

**Disability and Participation**

Deaf individuals demonstrate poor health and wellness compared to the general population and face barriers in receiving medical services, communicating with providers, and accessing health information. This poster helps practitioners to identify barriers and supports during the OT process.



## TEXAS OCCUPATIONAL THERAPY ENDOWED SCHOLARSHIP

The demand for OTs is growing and TOTA and AOTF are working together to meet this demand. For more than 20 years, students enrolled in OT and OTA programs in Texas have received scholarships through AOTF thanks to the generosity of TOTA members. For the last 10 years, two students each year received over \$2,000 each in financial aid to assist them as they pursue their degrees. With the rising costs of tuition, living expenses and undergraduate debt, TOTA increased the amount of our TOTA scholarships. This was accomplished in part with the financial gift donated to TOTA by Nancy Griffin.

**Applications for 2020 are currently being accepted. To find out more about eligibility requirements and how to apply visit <https://www.aotf.org/Scholarships/How-to-Apply>**

Note: Nancy Griffin was a TOTA honorary life member. She graduated from TWU in 1958 and earned her doctorate from Indiana University in 1972. Dr. Griffin taught in the occupational therapy department at TWU for 30 years. She was active in the American Occupational Therapy Association and was an elder at St. Andrew Presbyterian Church.



# Celebration of Life Service for Dr. Sophie Lin Rydin

1950-2020



Occupational Therapy Professor



TOTA

**Saturday, September 19**

4:00 pm to 7:00 pm

Exhibit opens 4:00 pm

Service starts 5:30 pm

**The HCSS Campus**  
13151 W. Airport Blvd  
Sugar Land Texas 77478



HCSS Vice President



Celebrate Sophie's life with us as well as learn more about her positive impact on so many people and how we might all become better by following some of her examples.

This elaborate event will include the announcement of Endowments for Scholarships and other activities so that Sophie will continue to help people in the future.

The event is open to everyone who is interested in honoring Sophie or learning more about her.

RSVP not necessary, but it helps us plan. More information and RSVP at  
[www.hcss.com/celebrate-sophie](http://www.hcss.com/celebrate-sophie)



**Park in the Parking Garage by following the yellow arrow.**

## **Dress**

Sophie always dressed professionally. Please dress professionally, but **no suits** and **no black attire**.

## **COVID Precautions**

Temperature checked, new masks mandatory and will be provided, hand sanitation required, gloves & face shields available. Both indoor and outdoor seating with distancing. Exhibits spread over 1,000 lineal feet. UV lighting in the air conditioning



# A TRIBUTE TO THE LIFE AND LEGACY OF SOPHIE LIN RYDIN OT, PhD

August 22, 1950 – July 28, 2020

*Sophie was a talented and creative person who enjoyed a challenge to overcome and a problem to solve. Her skills and her friendship will be missed. — Kitty Reed*

*Sophie was truly an inspiration in her heart, energy, and attitude!*  
— **Eileen Gaza**

*Sophie mentioned that during her teen years, she was given responsibility for providing foot care for her grandmother who lived with her family. This was not a simple foot washing and pedicure, but a task complicated by the fact that grandmother's feet had been bound and were thus very deformed and also that she was diabetic. Sophie shook her head and said she hated having to do all that was involved. But the importance of her story is that Sophie did it. In spite of her revulsion, she did it. And not only did she do it, because of everything else I know about Sophie, I am confident that no grandmother ever received such gentle, competent, thorough, and loving foot care. This is Sophie's way. — Jaclyn Low*



*The quality of being kind and generous is defined as "generosity." This is the word that to me describes Sophie. She was generous of her time, energy, love, passion, and money. Sophie and I met under unusual circumstances as a fieldwork placement was not working out and I requested Sophie come to deal with the unfortunate situation of her student. We became fast friends right away. She loved to tell this story to her students reminding them that we all have choices how to handle our circumstances. Sophie believed in me and I believed she could accomplish anything, and she did. Her kindness is something to aspire to, her generosity something to work towards, and her friendship something to be treasured. I will miss my dear Sophie. In her honor, I will strive to handle this circumstance of her loss as a reminder of how great people can be. — Jason Stark*

*I remember many conferences as roomies and the stories she would tell me late at night. She was a determined person and overcame so many challenges! And was so generous in helping others! — Teri Powers*

*Sophie is loved by so many! Sally, Sophie, and I worked together to present a couple of fieldwork presentations in order to encourage practitioners to take students. I have always loved her drive and motivation. She really is the face of occupational therapy! She loves her profession and truly believes in its value. — Stephanie Johnston*

*I have been having a hard time with this news since I heard Sophie was not doing well and when I received news that she had passed. She has been a light in my life since I was a student at TWU. As a poor student but motivated to be a leader and learn as much as I could, she paid for my first TOTA membership which allowed me to be a part of the Emerging Leaders Program as a 1st year (typically held for 2nd year students). Since then I have spent many days at her home, meeting her on campus to chat, and borrowing her laptop to run the CGED meetings at Shriners. She always pushed me to do more than I thought I could. She encouraged all my crazy ideas of changing the world when others dismissed me as "just a student or new grad". She was very welcoming and would support you if you were motivated to do the work. She challenged me to think outside the box. She had such a big heart. Her mark will be on my life forever and although I find peace in her finding peace, she will truly be missed. — Seneca Wilson, OTR, MOT*

*Sophie was always kind and willing to share. A smiling face. Sophie was a friend and classmate. Sophie never forgot my name no matter how many years passed in between TOTA Conferences. Sophie was an excellent therapist, teacher, instructor and Professor. Rest in Peace Sophie. —Theodora Randle*





*Sophie Rydin was my colleague and my friend.*

*Sophie was an assistant professor and academic fieldwork coordinator at UTMB from 2008 - 2012. Here she shared more than just her talent and professional expertise. As in everything in her life, she went the second mile. Her classes were stimulating with personal experience and many content experts that she brought in to give firsthand, up to date perspective. Sophie was a problem solver and generous. She never accepted the status quo. When she discovered there were no funds to pay mileage or an honorarium to guest speakers, she established a generous fund that provided for guest speakers for UTMB students for many years. When hurricane Ike hit in 2008 and students were unable to return to campus, she immediately arranged a week's clinical rotation off island for each one so they would not lose any time in their program. This included five students living at her home, which they told me came with gourmet breakfasts and dinners.*

*Sophie promoted a wellness lifestyle and she practiced what she preached. A basket of healthy snacks was always available that kept the munchies at bay and kept faculty away from the vending machine fare. Her silent auction purchase of a harbor cruise, that she shared with her colleagues, was one of the most memorable team building events ever. Sophie suffered the long drive from Houston to Galveston without a whimper but eventually returned to Texas Woman's University (where we stole her from originally). Nevertheless, she continued to collaborate with UTMB faculty through her work on the Texas Occupational Therapy Board and student mentoring. She was invited back to UTMB as the honored class mentor for the Masters OT class of 2018, for the professional ceremony, where she gave an inspirational talk to the students, faculty, and families on Becoming a Powerful OT in the 21st Century: Mentor, Competence, & Professionalism. After leaving UTMB she served on the UTMB School of Health Professions advisory board where her vision and management skills were used to move the school forward. Sophie was a beloved member of the UTMB family.*

*On a personal note Sophie was my friend. We met in class, pursuing our PhD at Texas Woman's University. Immediately her generous spirit and enthusiasm transformed the class. Class functions were elegant meals cooked by her and served in style at her warm home. These were always accompanied by Mike's marvelous wines from around the world. Before class she would ply me with calcium chewies and remind me of the dangers of osteoporosis. Our children were the same age and really enjoyed each other's company when they met. Sophie and I joked about marrying my girls to her boys and what cute grandchildren we would have. For my graduation she and Mike gave me a wonderful bottle of Dom Perignon which we shared when she graduated soon after.*

*Sophie had a saying, "Eat the frog". Although the concept is nauseating it continues to be my frequent inspiration to tackle that most distasteful task first and get it behind, for a smooth and rewarding day. Sophie's incredible generosity was extended to me in my time of need. In 2009 my son was married on the Thanksgiving weekend. My only job was to host the rehearsal party, including out of town guests, which on our side was everyone. I needed a large venue. After numerous frantic phone calls around town I came up empty, which I shared tearfully with my friend Sophie. "No problem", she said, "Mike and I will host it at HCSS" and they did. They opened their amazing dining room and industrial kitchen, provided the technology for the slide show, and warmly mingled with the other guests from far and wide. I am forever grateful. Sophie was the epitome of a gracious, loving, and generous friend. I will miss her. — **Patricia Fingerhut, PhD, OTR***

*Sophie Rydin's compassionate heart, love of humanity and legacy of benevolence will not and should not be forgotten.*

*When Hurricane Harvey blew away the Texas Gulf Coast in 2017, Sophie Rydin was the first person to reach out in service to her OT colleagues and the profession. Sophie Rydin's generosity was instrumental in establishing the formation of the Texas Occupational Therapy Benevolence Endowment Foundation (OTBE), whose mission of benevolence now serves to elevate and empower Texas occupational therapy practitioners ability to deliver occupational therapy services in times of significant life crises.*

*The words of Matshona Dhliwayo, best describes Sophie Rydin's love of humanity and benevolent heart.*

*"You know someone is truly special when the most beautiful thing they have on is a kind soul." Sophie knew that ..... "Your mind shines brightest when you enlighten others; your heart, when you encourage others; your soul, when you elevate others; and your life, when you empower others."*

*In honor and memory of the legacy of Sophie Rydin let us remember to "Live life in such a way that we will be remembered for kindness, compassion, fairness, character, benevolence, and a force of good who had much respect for life, in general" (Germany Kent, author of The Hope Handbook). — **Reggie Michael Campbell***





*Dr. Rydin was one of the most influential professors I've had. Her love for us as her students and her passion for Occupational Therapy was felt every day she taught us. — Brianna Cribb*

*I find it extremely hard to put into words what Sophie Rydin has meant to me. Sophie was a mentor, a perfect role model, and mostly a friend. She always gave sound advice, compliments, constructive feedback, mixed with a special touch of genuine kindness. She was so honest and direct, and her sternness would make me laugh. Proverbs 31: 10-24, The virtuous woman describes her perfectly. She was certainly of noble character. — Judi Joseph*

*I met Dr. Rydin (Sophie) when I was a student at UTMB's occupational therapy program. The program was a new and accelerated program which drastically shortened the time of program completion from 3 years to 2 years. We (the new students) expected a challenging and rigorous 2 years of school with high expectations ahead. To my surprise, around the time of enrollment, my husband and I found out we were pregnant with our first child. Funny enough, I remember discussions amongst our OT program class saying things like "I hope no one in this class plans a wedding or gets pregnant during our time at school because there is no way anyone could be successful doing both(school and life)!" Ahhhhh...I remember the shock and disbelief of my classmates and even professors when they heard the news that I was indeed pregnant... BUT..Dr. Rydin to the rescue! She literally took me under her wing and helped make my time at UTMB full of accomplishing the seemingly impossible. Throughout my graduate school journey, she was full of encouragement and often shared personal stories with me regarding her role as a wife, mother, and career woman. As mighty of a woman as she was, she would always make me see my inner power. Through morning sickness and pregnancy discomfort to breastfeeding and sleepless nights she was there with encouraging words. She continued to be my mentor beyond graduation and encouraged me to pursue my passions within the field of OT (which I did and continue to do). I have so many wonderful stories of how she impacted and changed my life for the better and will miss her dearly. I will truly miss her, and I am thankful to the Lord that she was able to be a blessing in my life. — Michelle Atanu*

*With her warm smile and wonderful flair for hospitality, Sophie was an articulate professional and incisive thinker and who showed us that high standards can be combined with a gracious and kind presence that made us all better people and better therapists. Sophie made the world a better place by her presence. — Helen S Cohen, EdD, OTR, FAOTA*

*Sophie meant so much to me. She was generous, passionate, kind, and strong. She was a mentor, leader, advocate, and most of all a friend. I will miss her hugs and kind heart. Memorial Eternal dear Sophie. — Diane Collins*

*During my time as a student at UTMB, Dr. Rydin worked tirelessly to support us as our fieldwork coordinator and professor. She was so driven, enthusiastic, and hard working. She will be missed. — Sarah Barnett, OTR -UTMB class of 2013*

**SOPHIE LIN RYDIN OT, PhD**  
August 22, 1950 – July 28, 2020



*Dr Rydin has been my mentor since 2014. She had a heart for everyone, a heart of pure gold. I was able to visit her during her hospitalizations and it was a sweet time. I treasured having Dr. Rydin as my dear mentor and friend for so long and looked up to her greatly. — Kalie Simmons*



# TOTA ANNUAL AWARDS

JOIN US AS WE RECOGNIZE EXCELLENCE

*Presenting Our Nominees*

## NOMINATIONS HAVE CLOSED

Awards are presented during the TOTA Annual Conference

The award winners will be officially announced at the TOTA Annual Business Meeting on Saturday November 14 at 10:00 AM. There will be a virtual awards ceremony on Saturday evening November 14 starting at 6:30 PM - Grab your dinner and join us!

## And the 2020 Nominees are:

### Texas OT of the Year

- William Sit, Ph.D., OTR, BCPR
- Cecilia Fierro, OTD, OTR

### Roster of Merit

- No nominations received

### Distinguished Service Award

- Kathryn Reed, PhD, OTR, MLIS, FAOTA
- Diane Collins, PhD, OT

### Letter of Appreciation

- No nominations received

### Award for Clinical Excellence

- No nominations received

### Clinical Educator of the Year Award

- No Nominations received

### Honorary Life Member

- Sophie Rydin, PhD, OT
- Ruth Dodds, OTR
- Leonard "Len" Sobel, OTR, MOT
- O. Jayne Bowman, PhD, OT
- Jean Polichino, OTR, MS, FAOTA

### OTA/OT Collaboration Award

- No Nominations received

### Interdisciplinary Team Award

- Patricia Crocker Rehabilitation and Reintegration (RPCRR)
- Lyndon B. Johnson (LBJ) Prone Team

### Academic Educator of the Year Award

- Cecilia Fierro, OTD, OTR
- Katherine Lawson, OTR, LMSSW, PhD
- Patricia E. Fingerhut, PhD, OTR

### Student Leadership Award

- Jennifer Sanchez-Morales - UT Health San Antonio
- Lauren Waldrop - Houston Community College
- Genesis Arreola-Castaneda - University of Texas El Paso
- Haleigh Gilliland - University of St. Augustine - Austin
- Weston Decker - University of Texas Galveston Medical Branch

### Horizon Award

- No Nominations received

## 2020 Awards Committee

Elizabeth Laurie – Chair  
Alfredo Alvarado

Julie Erb  
Stephanie Sellers

Seneca Wilson  
Helen Wan

## TOTA 2020 Service Awards

### Outgoing Board Members

- Robin Clearman – TOTA President 2016 – 2020
- Ping Law – State Treasurer 2018 -2020
- Dahlia Castillo – Rio Grande District Chair – 2016-2020
- Ricky Joseph – Alamo South District Chair – 2014 -2020
- Kathryn Reed – Parliamentarian – 2004-2020

### Alamo South District Board

- Monica Starkovich-Clark – Alamo South Vice Chair 2016-2020

### Capital Centex District Board

- Natalie Spencer – Secretary 2018 -2020
- Serena Speaker – Education Committee Chair – 2009-2020

### Great Plains West District Board

- Whitney Jo Weindorf – Vice Chair – 2016-2020

### Student Representatives:

- Shirene Fung – (Texas Tech)
- Cameron Conway – (Abilene Christian College)

### Gulf Coast East District Board

- Erin Shirk – Secretary 2018 -2020
- Nikita Gandhi - OTA Representative 2018 -2020
- Michelle Atanu – Standards and Practice Committee Chair – 2018 -2020

### Rio Grande District Board

- Kaleigh Stevens – Secretary 2019 -2020

### Trinity North District Board

#### Student Reps:

- Andrea Montgomery – (Parker College)
- McKenzie Moninger – (Parker College)
- Madeleine Terblanche – (TWU Denton)
- Kristin Ramirez – (TWU Dallas)

**NOTE: Longer sessions will overlap other sessions. Please note session times!**

# EDUCATIONAL SESSIONS

**FRIDAY, NOV 13**

**101 - Friday 8:00 AM – 6:00 PM**

**Group Behavioral Health Intervention: An Interactive Workshop**

Carly Cooper, OTR, MAJ, SP, DSc, CSM  
Amelia Butler, OTR, DSc, CHT  
Mental Health, Entry Level  
7.75 hours **Live Only**

This includes a review of behavioral health diagnosis, occupational therapy evaluation/documentation, and behavioral health resources, but much of the workshop includes hands-on group activities allowing participants the opportunity to role play as both facilitator and group participant.

**102 - Friday 8:00 AM – 12:00 PM**

**Advocacy-Related Occupations: An Evidence-Based Approach to Advocacy**

Jennifer Summers, OTD, OTR  
Cassie Eley  
Health and Wellness, Entry Level  
3.75 hours **Live Only**

OTs and OTAs are effective advocates, but what if we can improve our advocacy skills? This course will provide an evidence-based approach to planning and implementing advocacy actions that may be useful with clients, your practice settings, and with the system of health care.

**103 - Friday 8:00 AM – 9:45 AM**

**NBCOT®: Your Partner Throughout Your Professional Career**

Shaun Conway, OTR  
Work & Industry, Entry Level  
1.75 hours **Live Only**

Connect with NBCOT and hear about the initial OT certification, partnership with OT regulatory entities, compliance reviews, and competency assessment tools.

**104 - Friday 8:00 AM – 12:00 PM**

**The Mentoring Relationship: Clinical Advancement and Fellowship Program Insights**

Carrie Siemers, OTR, MS, BC  
Judy Skarbek, OTR, MSRS  
Monishka Pierre, OTR, MS  
Caroline Banick, OTR, MS  
Education, Intermediate  
3.75 hours

Learning and professional advancement is necessary in the OT profession. This course will focus on adult learning and mentoring through the lens of an OT fellowship program. Strategies that are utilized in a fellowship program can be translated to various mentoring relationships in OT practice.

**105 - Friday 8:00 AM – 12:00 PM**  
**Team Collaboration for a Successful Upper Limb Prosthetic Outcome!**

Bambi Lombardi, OTR  
Patrick McGahey, LCPO  
Bernie Diamond  
Rehabilitation Disability and Participation, Entry Level  
3.75 hours

Upper limb prosthetics has experienced several dramatic technological advancements in the last few years. This course will introduce therapists to these advancements, reinforce the team concept for a positive outcome and discuss important training protocols associated with the technology.

**106 - Friday 8:00 AM – 12:00 PM**

**Using Sensory Consortiums to Promote the Occupation of Community Participation**

Tina Fletcher, EdD, MFA, OTR  
Tonya McDaniel, MS, CIG  
Lynda Wilbur  
Emily Wiskera  
Rehabilitation Disability and Participation, Entry Level  
3.75 hours

Dallas Sensory Consortium is a collaboration between TWU OT, Dallas Zoo, Dallas Museum of Art, and Nasher Sculpture Center. Partners are dedicated to continual learning and best practices through

evaluation, education, and research. Participants will learn how to form sensory partnerships.

**107 - RESEARCH FORUM**  
**Friday 8:00 AM – 12:00 PM**  
**107RF**

**Practitioner Perceptions Regarding Admission Practice Impact on Ethnic Diversity**

Kira Elizabeth Beal, OTR, OTD, CLT  
Research, Intermediate  
20 minutes

The profession needs to meet the needs of diverse populations. The intent of this mixed methods study was to address the impact of the admission process and criteria effecting the diversification of clinicians within the occupational therapy profession.

**107RF**

**The Child Assessment of Self-Care: Development and Refinement**

Amy Gibbs, OTR, MOT, CEIM  
Children and Youth, Intermediate  
20 minutes

The aim is to develop the Child Assessment of Self-Care, a top-down, child self-report self-care assessment based on MOHO. A two-part emergent qualitative research design will be employed. Participants will provide critical feedback to increase the rigor and trustworthiness of the research design.

**107RF**

**Effects of an 8-week Exercise Program for Persons with Parkinson's Disease**

Donna Walls, OTD, OTR, CHT  
Research, Entry Level  
20 minutes

Persons with mild to moderate Parkinsons Disease participated in an 8-week program with resistance training with instability (RTI), cadence walking (CW), or the combination of the two (RTI+CW). Results of objected and self-reported measures will be reviewed.



**NOTE: Longer sessions will overlap other sessions. Please note session times!**

# EDUCATIONAL SESSIONS

**107RF**

## **Activity Participation and Enjoyment in Hispanic Elementary Students**

Mei-Ling Lin, PhD, OTR

Research, Entry Level

20 minutes

This study examined the activity participation and enjoyment outside of school curriculum among 5th and 6th grade students in one elementary school.

**107 RF**

## **CIMT in Infants and Toddlers with Hemiplegic Cerebral Palsy: A Scoping Review**

Casey Walker, OTS

Research, Entry Level

20 min.

This scoping review aims to identify current evidence for constraint induced movement therapy (CIMT) protocols, clinical applications for practice, and gaps in research for CIMT in infants and toddlers with unilateral Cerebral Palsy (CP).

## **110 – Friday 10:00 AM -12:00 AM**

### **Executive Dysfunctions:**

### **Assessment and Interventions**

Kathlyn L. Reed PhD, OTR,

FAOTA, MLIS

Rehabilitation Disability and Participation, Intermediate

2.0 hours

The purpose of presentation is to identify commonly recognized executive functions and dysfunctions seen in occupational therapy practice, to review available assessments and suggest intervention strategies.

## **111 – Friday 1:00 PM – 6:00 PM**

### **I Have My Degree. Now What?**

Alvin Chung, OT

Education, Entry Level

4.0 hours

The presentation focuses on the skills of a graduating OT students in today's competitive market by establishing the right mindset, providing structure in creating a memorable resume

that highlights personal strengths and preparing tools to confidently showcase yourself during the interview.

## **112 – Friday 1:00 PM – 3:00 PM**

### **Establishing Realistic Goals for Person's with Dementia**

Diane Dismukes, OTR

Productive Aging, Intermediate

2.0 hours

Establishing goals that are realistic and achievable for people with dementia can be a challenge. Participants will learn how to write goals that are person-centered and demonstrate the value of occupational therapy based on the cognitive stage of their patient with dementia.

## **113 -Friday 1:00 PM – 3:00 PM**

### **The Student's Journey of Clinical Competency from Academics to Clinical Practice**

Sheina Farooqui, OTR

Vicki Thomas, COTA

Education, Entry Level

2.0 hours

This course focuses on identifying, assessing, and applying different types of clinical reasoning used by OT and OTA students in academics, facilitating clinical reasoning on fieldwork, and exploring strategies used to promote clinical reasoning in both settings with the use of case based learning.

## **114 – Friday 1:00 PM – 3:00 PM**

### **Advancing Clinical Competency: Interactive Simulations and Experiential Learning**

Maura Lavelle- OTR, MS

Wendy Brzozowski- COTA, BS

Clint Johnson-MA, CCC-SLP, CHSE

Education, Entry Level

2.0 hours

This course will review the history and benefits of simulations in the education and training of students in occupational therapy programs. Types of simulation modalities will be reviewed. The process for integrating simulations into curriculums

and Fieldwork I Experiences will be discussed.

## **115 – Friday 1:00 PM – 3:00 PM**

### **Trauma-Informed Care: Implementation During the Pandemic**

Constance Welcome, OT, MOT

Rehabilitation Disability and Participation, Entry Level

2.0 hours

During this course, we will discuss the potential impact of the pandemic on the psychosocial needs of patients and identify the distinct role or occupational therapy in advancing the concepts of trauma-informed care across healthcare settings.

## **116 – Friday 1:00 PM -3:00 PM**

### **Legislative Update**

Denise Rose, JD (TOTA Lobbyist)

John Luna, OTD, OTR

Jennifer Summers, OTR, OTD

1.75 hours

## **117 – Friday 4:00 PM -6:00 PM**

### **Opening a Rehab Unit Using Pediatric Staff During COVID**

Monica S. Clark, OTR, OTD

Work & Industry, Entry Level

2.0 hours

This presentation will inform the audience of what was learned during the opening of an inpatient rehab facility during the COVID pandemic using pediatric staff, the training needed for both the nursing and therapy staff, and what was learned in the process.

## **118 – Friday 4:00 PM -6:00 PM**

### **Keys to Professional Success**

Emilie Klingman, OTR, MOT

Education, Entry Level

2.0 hours

Looking for ways to grow? Have great ideas but confused about where to start? This entry level short course will discuss barriers to professional development and ways to overcome those challenges via interactive discussions and professional development activities.

**NOTE: Longer sessions will overlap other sessions. Please note session times!**

# EDUCATIONAL SESSIONS

## **119 – Friday 4:00 PM – 6:00 PM**

### **After The Storm: OT Implications on Mental Health for Veterans after Discharge**

Erik S. Johnson MS, OTR  
Mental Health, Intermediate

**2.0 hours Live Only**

Service members often face unexpected and seemingly insurmountable stressors after separation. With them come a need for skilled OT and community support. This session will identify and provide solutions for the complex cognitive and psychosocial struggles veterans face after discharge from service.

## **120 – Friday 4:00 PM – 6:00 PM**

### **Virtual Home Safety Assessment: Best Practices**

Noralyn D. Pickens, OT, PhD  
Suzanne P. Burns, OTR, PhD  
Kathryn Primrose, BS  
Rehabilitation Disability and Participation, Intermediate

**2.0 hours Live Only**

Virtual assessment demands quality. We will address the combined need for best practices in home safety and virtual assessment. We will review evidence-based, practical assessments and protocols, plus hands on experience - must have a friend/family at a home willing to do brief practice in session.

## **SATURDAY, NOV 14**

## **201 -Saturday 8:00 AM -9:45 AM**

### **Supporting Clients With Mood Instability for the OT Practitioner**

Sally Harris King COTA  
Mental Health, Intermediate

**1.75 hours**

Pts. with bipolar disorder experience severe, enduring, negative impacts on occupational functioning. In depression, pts. can be difficult to engage, & in mania difficult to manage due to impulsivity & cognitive distortions. In both, psychosis may present. Learn OT interventions to assist recovery.

## **202 - Saturday 8:00 AM -9:45 AM**

### **The 2020 Clinician Guide to Occupational Therapy Service in Skilled Nursing**

Lynda Jennings, OTR, RAC-CT  
Productive Aging, Intermediate

**1.75 hours**

A discussion on the impact of the Patient Driven Payment Model on therapy services provided in skilled nursing facilities, as well as the upcoming changes to Medicare Part B reimbursement and what Occupational Therapy Practitioners need to know to be prepared.

## **203 - Saturday 8:00 AM -9:45 AM**

### **Wellness Program for Gynecological Oncology**

Anissa Hill, OTR  
Eleanor Olson, OTR

Carly Cappozzo

Rehabilitation Disability and Participation, Intermediate

**1.75hours Live Q&A**

Presentation describes OTs distinct role within a gynecological oncology interdisciplinary team and outlines a comprehensive wellness program developed to assess and treat occupational dysfunction and psychosocial impairments.

## **204 - Saturday 8:00 AM -9:45 AM**

### **A Moving Target: Staying Current with Experiential Education Practices**

Laurie Stelter, OTR, PhD  
Autumn Clegg, OTR, EdD  
Shannon Levandowski, OTR, OTD  
Education, Entry Level

**1.75 hours**

This presentation is designed to apprise fieldwork educators of the most up-to-date information related to experiential education (fieldwork & capstone) in occupational therapy. Topics will include new education standards, teaching and learning strategies, challenges, and accommodations.

## **205 - Saturday 8:00 AM -9:45 AM**

### **NBCOT®: Strategies for Success**

Shaun Conway, OTR  
Education, Entry Level

**1.75 hours Live Only**

Connect with NBCOT and hear about the best approaches to achieve your goal for Occupational Therapy Certification.

## **206 - Saturday 8:00 AM -9:45 AM**

### **Yes, We Can Do That Too!**

#### **OT Practitioners Addressing Sexuality**

Jennifer Summers, OTD, OTR  
Victoria Ontiveros

Chelsie Morwood

Rehabilitation Disability and Participation  
Entry Level

**1.75 hours**

Sexual expression is a fundamental occupation. Many OT practitioners are not readily equipped with providing assessment & intervention for this occupation. We will share why and how addressing sexuality is within the scope of OT services for individuals and for population-based services.

## **207 Poster Sessions Saturday**

**11:00 AM -12:00 PM**

## **208 Poster Sessions Saturday**

**3:00 PM 4:00 PM**

## **209 – Saturday 10:00 AM – 11:00 AM**

### **Annual Business Meeting**

**Live Only**

\*no CEUs provided

## **210 – Saturday 11:00 AM – 12:00 PM**

### **Keynote Address:**

#### **Occupational Therapy 2020: Identity Crisis or Reality Check**

Wendy C. Hildenbrand,  
PhD, MPH, OTR/L, FAOTA  
AOTA President

**1.0 hours**



**NOTE: Longer sessions will overlap other sessions. Please note session times!**

# EDUCATIONAL SESSIONS

## **211 - Saturday 1:00 PM - 3:00 PM**

### **The “Modes” of the Intentional Relationship Model**

**Justine Faghihifar, OTD, OTR**  
**Mental Health, Entry Level**

**2.0 hours**

This course presents participants the opportunity to discover their own most frequently used mode/s. This assists therapists to develop insight and strategies to diversify and expand to new, or lesser utilized modes, increasing therapist competency levels and client participation and compliance.

## **212 - Saturday 1:00 PM - 3:00 PM**

### **Back to Basics: Using Occupation-Based Models to Guide Practice**

**Amy Boyd, OTR, MOT**  
**Deb Paden, OTR, MOT**  
**Lindsey Turk**

**Education, Entry Level**

**2.0 hours**

This course is for practitioners of all levels to explore, or re-explore, our professions theoretical foundations, specifically occupation-based models. The course will integrate learning activities to promote use of occupation-based models in practice to guide both evaluation and intervention.

## **213 - Saturday 1:00 PM - 3:00 PM**

### **The Focus is on Sensory Environments: Can You Picture It?**

**Diane P Brown PhD, OTR**  
**Justine Faghihifar OTD, OTR**  
**Julie Hebert OTD, OTR**

**Education, Intermediate**

**2.0 hours Live Only**

The value and benefits of access to sensory environments for many types of clients, in various settings, is beginning to be acknowledged. Combining development of these therapeutic areas with a level I fieldwork experience for students can be eye-opening.

## **214 - Saturday 1:00 PM - 3:00 PM**

### **Intellectual Development Disability (IDD) and Dementia: Intervention Through Occupation**

**Laura Golden, OTR, OTD**  
**Productive Aging, Entry Level**

**2.0 hours**

This presentation will inform attendees about the signs and stages of dementia specific to individuals with IDD and its impact on function and behavior. The presentation will provide strategies for effective occupational interventions for individuals with IDD co-occurring and dementia.

## **215 - Saturday 1:00 PM - 3:00 PM**

### **Community-Based Interventions for Addressing Neurological Vision Deficits**

**Kaleigh Stevens, OTD, OTR, CBIS**  
**Allison Stratton, OTR, CBIS**  
**Rehabilitation Disability and Participation, Entry Level**

**2.0 hours**

The presentation will explore four visual deficits common among individuals with neurological disorders: diplopia, hemianopsia, visual neglect, and low vision diagnoses. The effects of each deficit are discussed, as well as clinic and community-based treatment ideas.

## **216 - Saturday 1:00 PM - 3:00 PM**

### **The Occupation of Podcasting**

**Matthew Geddie, OTR, PhD**  
**Ana Milanese, OTS**  
**Amy Tippol, OTS**  
**Education, Entry Level**

**2.0 hours**

The hosts of Occupation Station will dissect the process of starting a podcast as well as provide resources to support its implementation. In addition, the hosts will moderate a panel of podcasters to discuss their podcasting journeys and how to utilize this platform to advance the profession.

## **217 - Saturday 4:00 PM - 6:00 PM**

### **TOTF Wisdom**

**Mary M. Evert, ScD (Hon.), MBA, OTR/L,**  
**FAOTA and Wendy Hildenbrand,**  
**PhD, MPH, OTR/L, FAOTA**

**\$20 additional fee**

**2.0 hours Live Only**

## **218 - Saturday 4:00 PM - 6:00 PM**

### **OTA Forum**

**Kelly Parmet, COTA**  
**Sally Harris King, COTA**  
**Stephanie Johnston, OTD, OTR, FAOTA**  
**Rehabilitation Disability and Participation, Entry Level**

**2.0 hours**

An informative session on all things relating to OTAs. This forum includes a guest speaker, a knowledgeable panel discussion, and an open audience dialogue. Some topics addressed will be OTA reimbursement, ACOTE changes, advocacy, and more. All practitioners, students, and guests are welcome!

## **219 - Saturday 4:00 PM - 6:00 PM**

### **Using Occupation to Address Challenging Behaviors Associated with Dementia**

**Laura Novak, OTD, OTR, BCG**  
**Productive Aging, Intermediate**  
**2.0 hours**

The purpose of the course is to provide practitioners with skills to guide interventions for persons with dementia who experience behavioral challenges and caregivers by enhancing their ability to engage in occupational activities through communication and environmental modification strategies.

## **220 - Saturday 4:00 PM - 6:00 PM**

### **Establishing Fidelity in Sim-Based Activities in an Occupational Therapy Program**

**John S. Luna, OTD, OTR**  
**Roel Garcia, OTR, OTD**  
**Don Michael Bradley, OTR, PhD**  
**Education, Entry Level**

**2.0 hours**

The purpose of this presentation is to explore the process involved in developing simulations with fidelity (simulations that resemble real-life experiences) in the context of a select second-year course in a master's level occupational therapy program.

**NOTE: Longer sessions will overlap other sessions. Please note session times!**

# EDUCATIONAL SESSIONS

**SUNDAY, NOV 14**

**All Sunday Sessions are Pre-Recorded**

**301 – Sunday 8:00 AM – 12:00 PM**

**The Food We Breathe**

Jennifer Meyer MA CCC-SLP

Richard Rembecki MD PhD

Rehabilitation Disability and Participation, Advanced

3.75 hours

This presentation focuses on how to achieve quicker, more successful outcomes in your patients with dysphagia through understanding the key components and cause and effect relationships of the DRG (Dysphagia-Respiratory-Gastric) Triad and professional cooperation with the Pulmonologist.

**302 – Sunday 8:00 AM -9:45 AM**

**Building a Foundation of Positive Social-Emotional Capacity in Babies & Toddlers**

Sharon Stone, LMSW; Carol Elskes, OTR;

Sarah Branch, LMFT

Mental Health, Entry Level

1.75 hours

Explore early brain development and the impact of trauma and adversity on the play, learning, and social participation of infants and toddlers. Discuss the importance of responsive relationships, the role of the community, and how occupational therapists can positively impact infant mental health.

**303 – Sunday 8:00 AM – 9:45 AM**

**Occupational Therapy's Role in Thumb Pollicization**

Jessica Montoya OTR

Children and Youth, Intermediate

1.75 hours

The presentation will include a review of in occupational therapy's role in clinic orthosis fabrication, hand development evaluation/treatment and use of the thumb in occupations throughout the lifespan.

**304 – Sunday 8:00 AM – 9:45 AM**  
**Implementing an Intraprofessional Education Model into OT Curricula**

John S. Luna, OTR, OTD

Don M. Bradley PhD, OTR

Roel Garcia OTD, OTR

Education, Entry Level

1.75 hours

This presentation provides occupational therapy practitioners working in the academic setting an overview of the process utilized by an OTA and an OT program and student perceptions of activities implemented in an intraprofessional education model into current curricula.

**305 – Sunday 8:00 AM – 9:45 AM**

**The Five Head Monster of Healthcare Fraud and Its Ugly Step Sisters**

Richard Y. Cheng, JD, MBA, OT, CHC

Work & Industry, Intermediate

1.75 hours

This course will provide a general overview of the healthcare enforcement landscape in today's industry. The course will demonstrate healthcare regulatory and compliance concepts associated with occupational therapy.

**306 – Sunday 8:00 AM – 9:45 AM**

**The Distinct Value of Occupational Therapy in Falls Mitigation**

Shonda McCauley, OTR, CLT

Productive Aging, Entry Level

1.75 hours

Low vision and cognitive decline are underlying impairments that place clients at risk for falls. The OT scope of practice provides us with the ability to address these issues to reduce falls risk. This session will provide participants with strategies that display our value with falls mitigation.

**307 – Sunday 10:00 AM – 12:00 PM**  
**The New Grad's Guide to the Galaxy: Navigating the First Two Years as OTR/COTA**

Brittney Burton, OTR

Kelly Parmet, COTA

Natalie Spencer, COTA

Education, Entry Level

2.0 hours

This course will educate participants on the steps to navigating the first two years in the OT Galaxy in order

to apply for an initial OT license and maintain their license through TBOTE. This presentation will also discuss the collaborative relationship between OTs and OTAs in the work environment.

**308 – Sunday 10:00 AM – 12:00 PM**  
**Occupational Therapy Role in Maternal Health**

Tori Homan, OTR

Health and Wellness, Entry Level

1.75 hours

The presenter will explain how occupational therapists deserve a role in maternal health. Child-rearing is an occupation that brings obstacles and challenges that OT can assist in by applying strategies to adapt the occupations or contexts to reach a successful relationship between mother and child.

**309 – Sunday 10:00 AM – 12:00 PM**  
**The Importance of Occupation in Chronic Lyme: An SLPs Personal Experience**

Jennifer Meyer MA CCC-SLP

Rehabilitation Disability and Participation, Entry Level

2.0 hours

Up to 30% of the mostly young 400,000 people diagnosed with Lyme Disease each year will go on to suffer chronic symptoms impairing daily function and reducing Quality of Life. Although rarely referred, Occupational Therapists could make a tremendous difference in this underserved population.

**310 – Sunday 10:00 AM – 12:00 PM**  
**OT Roles with Young Drivers & Exciting News about What's Coming Down the Road**

Missy Bell, OTR, DRS, LDI

Education, Intermediate

2.0 hours

This presentation will educate OT practitioners about various roles they can have with assisting young driver safety. A pediatric background OT-DRS will share about opportunities in an emerging area of practice that can potentially help save lives.



**FRIDAY Nov. 13**

NOTE: Longer sessions will overlap other sessions. Please note session times!

# COURSE SCHEDULE

Time	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6	Track 7	
8:00 AM-9:45 AM	101: Group Behavioral Health Intervention: An Interactive Workshop 7 hours	102: Advocacy-Related Occupations: An Evidence-Based Approach to Advocacy 3 hours 45 min <b>LIVE ONLY</b>	103: NBCOT®: Your Partner Throughout Your Professional Career 1 hour 45 min <b>LIVE ONLY</b>	104: The Mentoring Relationship: Clinical Advancement and Fellowship Program Insights 3 hours 45 min	105: Team Collaboration for a Successful Upper Limb Prosthetic Outcome! 3 hours 45 min	106: Using Sensory Consortiums to Promote the Occupation of Community Participation 3 hours 45 min	107: Research Forum 3 hours 45 min	108: Poster Session 1 8:00 AM -12:00 PM
9:45 AM-10:00 AM	BREAK							Poster sessions are pre-recorded
10:00 AM-12:00 PM	↓	↓	108: Executive Dysfunctions: Assessment and Interventions 1 hour 45 min		↓		↓	
12:00 PM-1:00 PM	BREAK							109: Poster Session 2 12:00 PM -4:00 PM
1:00 PM-3:00 PM	↓	111: I Have My Degree. Now What? 3 hours 45 min	112: Establishing Realistic Goals for Person's with Dementia 1 hour 45 min <b>LIVE ONLY</b>	113: The Student's Journey of Clinical Competency from Academics to Clinical Practice 1 hour 45 min	114: Advancing Clinical Competency: Interactive Simulations and Experiential Learning 1 hour 45 min	115: Trauma-Informed Care: Implementation During the Pandemic 1 hour 45 min	116: Legislative Update 1 hour 45 min	
3:00 PM-4:00 PM	BREAK							Poster sessions are pre-recorded
4:00 PM-6:00 PM	↓	↓	117: Opening a Rehab Unit Using Pediatric Staff During COVID 1 hour 45 min	118: Keys to Professional Success 1 hour 45 min	119: After The Storm: OT Implications on Mental Health for Veterans after Discharge 1 hour 45 min	120: Virtual Home Safety Assessment: Best Practices 1 hour 45 min <b>LIVE ONLY</b>	119: Implementing the LEE Model to Facilitate Clinical Competency for OTs 1 hour 45 min	

**SATURDAY Nov. 14**

**NOTE: Longer sessions will overlap other sessions. Please note session times!**

# COURSE SCHEDULE

Time	Track 1	Track 2	Track 3	Track 4	Track 5	Track6	
8:00 AM-9:45 AM	201: Supporting Clients With Mood Instability for the OT Practitioner 1 hour 45 min	202: The 2020 Clinician Guide to Occupational Therapy Service in Skilled Nursing 1 hour 45 min	203: Wellness Program for Gynecological Oncology 1 hour 45 min	204: A Moving Target: Staying Current with Experiential Education Practices 1 hour 45 min	205: NBCOT®: Strategies for Success 1 hour 45 min	LIVE ONLY 206: “Yes, We Can Do That Too!.” OT Practitioners Addressing Sexuality 1 hour 45 min	207: Poster Session 1 8:00 AM -12:00 PM
9:45 AM-10:00 AM	BREAK						Poster sessions are pre-recorded
10:00 AM-11:00 AM	209 ANNUAL BUSINESS MEETING						
11:00 AM-12:00 PM	210 KEY NOTE ADDRESS						
12:00 PM-1:00 PM	BREAK						
1:00 PM-3:00 PM	211: The “Modes” of the Intentional Relationship Model 1 hour 45 min	212: Back to Basics: Using Occupation-Based Models to Guide Practice 1 hour 45 min	213: The Focus is on Sensory Environments: Can You Picture it? 1 hour 45 min	214: Intellectual Development Disability (IDD) and Dementia: Intervention Through Occupation 1 hour 45 min	215: Community-Based Inverventions for Addressing Neurological Vision Deficits 1 hour 45 min	216: The Occupation of Podcasting 1 hour 45 min	208: Poster Session 2 12:00 PM -4:00 PM
3:00 PM-4:00 PM	BREAK						Poster sessions are pre-recorded
4:00 PM-6:00 PM	217: TOTF Wisdom (\$20 extra fee) 1 hour 45 min	218: OTA Forum 1 hour 45 min	219: Using Occupation to Address Challenging Behaviors Associated with Dementia 1 hour 45 min	220: Establishing Fidelity in Sim-Based Activities in an Occupational Therapy Program 1 hour 45 min			



**SUNDAY Nov. 15**

**NOTE: Longer sessions will overlap other sessions. Please note session times!**

# COURSE SCHEDULE

Time	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6
8:00 AM-9:45 AM	<b>301: The Food We Breathe</b> 1 hour 45 min	<b>302: Building a Foundation of Positive Social-Emotional Capacity in Babies &amp; Toddlers</b> 1 hour 45 min	<b>303: Occupational Therapy's role in Thumb Pollicization</b> 1 hour 45 min	<b>304: Implementing an Intraprofessional Education Model into OT Curricula</b> 1 hour 45 min	<b>305: The Five Head Monster of Healthcare Fraud and It's Ugly Step Sisters</b> 1 hour 45 min	<b>306: The Distinct Value of Occupational Therapy in Falls Mitigation</b> 1 hour 45 min
9:45 AM-10:00 AM	BREAK					
10:00 AM-12:00 PM	<b>307: The New Grad's Guide to the Galaxy: Navigating the First Two Years as OTR/COTA</b> 1 hour 45 min	<b>308: Occupational Therapy Role in Maternal Health</b> 1 hour 45 min	<b>309: The Importance of Occupation in Chronic Lyme: An SLP's Personal Experience</b> 1 hour 45 min	<b>310: OT Roles with Young Drivers &amp; Exciting News about What's Coming Down the Road</b> 1 hour 45 min		
FARE THEE WELL .....SEE YOU IN SUGAR LAND IN 2021!!						

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