



# TOTA

TEXAS OCCUPATIONAL THERAPY ASSOCIATION, INC.

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Speaker Bureau

**Amber Armstead, DrPH, OTR, BCPR**

**Email Address:**

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**Preferred booking party contact method:**

Email

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**Speaker Topics (Areas of Expertise):**

Academia

Neurorehab

Community and population health and wellness

**Speaker Bio :**

Amber Armstead, DrPH, OTR, BCPR is an Associate Professor and Academic Fieldwork Coordinator in the Division of Occupational Therapy-Hybrid at the Medical University of South Carolina, College of Health Professions.

Currently, Dr. Armstead is an active member of the American Occupational Therapy Foundation (AOTF) STRIDE Committee. She is also an active member of (COTAD), serving on the Engage Committee, and is a mentor. Dr. Armstead is also a proud member of the National Black Occupational Therapy Caucus.

In the OTD-Hybrid curriculum, Dr. Armstead teaches academic fieldwork classes, Neurorehabilitation II, and Population Health.

Dr. Armstead has presented and published peer-reviewed research on health disparities including chronic HIV among marginalized communities and neurodegenerative conditions. She has presented at regional and national conferences. Her research interests include total wellness among marginalized populations, community health, and chronic disease management among people living with HIV and neurodegenerative conditions. Her clinical experience includes adult neurological-based rehabilitation, specializing in spinal cord injuries, neurodegenerative conditions, and physical disabilities across the lifespan along with community health promotion for marginalized communities.

Dr. Armstead received her Bachelor of Science from the University of Texas at San Antonio, her Master of Occupational Therapy from the University of Texas Medical Branch, and her Doctorate in Public Health from the University of Texas Health Science Center at Houston. She has over 16 years of clinical experience and expertise in health inequities among marginalized communities.

**LinkedIn Profile::**

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