



TOTA

TEXAS OCCUPATIONAL THERAPY ASSOCIATION, INC.

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Speaker Bureau

Amber Armstead, DrPH, OTR, BCPR

Email Address:

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Preferred booking party contact method:

Email

Speaker Topics (Area of Expertise):

Academia

Neurorehab

Community and population health and wellness

Speaker Bio :

Amber Armstead, DrPH, OTR, BCPR is an Associate Professor in the Department of Occupational Therapy at the UTMB School of Health Professions. She received her Bachelor of Science from the University of Texas at San Antonio, Masters of Occupational Therapy from the University of Texas Medical Branch and her Doctorate in Public Health from the University of Texas Health Science Center at Houston. Dr. Armstead has presented and published peer-reviewed research on health disparities and chronic HIV among marginalized communities. She has presented at regional and national conferences. Her research interests include total wellness among marginalized populations, community health, and chronic disease management among people living with HIV and neurodegenerative conditions. Her clinical experience includes adult neurological-based rehabilitation specializing in spinal cord injuries and neurodegenerative conditions, physical disabilities across the life span along with community health promotion.

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