



# TOTA

TEXAS OCCUPATIONAL THERAPY ASSOCIATION, INC.

2323 CLEAR LAKE CITY BLVD., SUITE 180-197 • HOUSTON, TEXAS 77062 • PHONE 832-915-9238

Speaker Bureau

Helen S Cohen, EdD, OTR, FAOTA

**Email Address:**

[hscohen64@gmail.com](mailto:hscohen64@gmail.com)

**Preferred booking party contact method:**

Email

---

**Speaker Topics (Area of Expertise):**

Academia

Geriatrics

Vestibular rehabilitation, balance therapy, neuroscience, motor learning, research

**Speaker Bio:**

I am a clinician/ scientist with many years of clinical experience in vestibular and balance rehabilitation and research experience in vestibular physiology, sensorimotor adaptation, clinical trials in vestibular and balance rehabilitation, improving screening measures of vestibular function and balance for use by clinicians, and epidemiology of vestibular disorders. My undergraduate degree in occupational therapy was from Tufts University, my doctoral degree in motor learning was from Columbia University, my post-doctoral fellowship in vestibular physiology was at Mount Sinai School of Medicine. I spent 33 years on the faculty of the department of otolaryngology at Baylor College of Medicine, where I founded the vestibular rehabilitation service. An NIH-funded investigator for many years, I have published 122 peer-reviewed publications, several book chapters, and a neuroscience textbook, have lectured widely to therapists and scientists locally, nationally and internationally, and participated in scientific review panels for NIH, NASA, Dept of Defense, and several international biomedical review groups. I was honored by the American Occupational Therapy Association to give the Eleanor Clarke Slagle lecture in 2015, during which I spoke about having a career as a clinician/ scientist asking questions and furthering the knowledge available to clinicians to improve clinical care, and in which I encouraged members to ask critical questions about whatever they do, wherever they find themselves, and to consider their work in the context of the wider world.

**WWW.TOTA.ORG**