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Rigiea Kitchens, PhD, OTR, BCPR, CSRS

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Preferred booking party contact method:

Email

Speaker Topics (Area of Expertise):

Academia Neuro rehab Leadership DEI in OT

Speaker Bio:

Rigiea Kitchens PhD, OTR, BCPR, CSRS is an Assistant Professor in the Department of Occupational Therapy at the University of Texas Medical Branch (UTMB) School of Health Professions. Dr. Kitchens received her Bachelor of Science degree from Jackson State University, her Master of Science in Occupational Therapy from the University of Wisconsin-Madison, and her PhD in Occupational Therapy from Texas Woman's University. Dr. Kitchens is a Certified Stroke Rehabilitation Specialist and is Board Certified in Physical Rehabilitation through the American Occupational Therapy Association. Dr. Kitchens has 15 years of clinical experience in adult physical disabilities and neurological rehabilitation across settings and has developed a stroke selfmanagement program for medically underserved stroke populations. She is an experienced OT educator with expertise in course and program development. She was recognized as the March 2023 UTMB Academy of Master Teachers Educators of the Month. Additionally, she conducts research focused on stroke self-management implementation and addressing issues of diversity, equity, and inclusion in occupational therapy education. Dr. Kitchens has disseminated her work at the local, state, national level, and international level. Dr. Kitchens is a member of the Texas Occupational Therapy Association (TOTA) and the American Occupational Therapy Association. She was honored as the TOTA 2015 Clinical Educator of the Year. She currently serves as the president of the National Black Occupational Therapy Caucus.

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