## **Student and New Practitioner Symposium**

Date: July 22, 2023

**Event Time:** 815a – 12:30p

Location: San Jacinto College

Fees: Free for TOTA members; \$40 for non-members

Parking: Free – park in lots P1b and P1a (do not park is STAFF)

# Agenda

815a – 830a – Registration and light breakfast (Grab and find your seat)

#### 830a - 900a - Welcome

- Introductions
- Process of Day
- TOTA Benefits and Need for Membership
- 900a 1000a Mini Sessions (attend 2 30-minute sessions)

<u>Session A</u> - The OT and OTA Relationship <u>Session B</u> - Volunteering as a Student or Practitioner <u>Session C</u> - Creating a Professional Development Plan Session D - DEI

#### 1000a - 1015a BREAK

1015a – 1115a (attend 2- 30-minute sessions)

<u>Session A</u> - Imposter Syndrome vs. Burnout

<u>Session B</u> - New Clinician Professionalism/Being a  $1^{st}$ -year practitioner: What is it really like?

<u>Session C</u> - Interventions on a Dime – What do you do?

Session D - Self-care as a Practitioner

### 1115a – 1130a BREAK

#### 1130a - 1230p

TOTA mentorship program Wrap-up Networking Opportunity Evaluations SOTA store